

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
II Campeonato Regional de Extremadura
AEP-3 de iniciación de Extremadura y clubes invitados
Cáceres - sábado, 10 junio 2023

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HOMBRES POWERLIFTING RAW

LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.			
-59 kg																				
1 Agudo Beneitez Daniel	1991	ATOLE	58,30		10	127,5	-135,0	-140,0	1	95,0	100,0	-107,5	1	155,0	175,0	190,0	1	417,5	69,53	12
2 Vicario López Ariel	2006	ZBBAR	54,20		11	107,5		125,0	2	62,5	72,5	-80,0	2	135,0	-145,0	145,0	2	342,5	59,32	9
-66 kg																				
1 Carballo Barata Sergio	2004	PEXTRE	64,80		12	165,0	-170,0	-170,0	1	-85,0	90,0	95,0	1	190,0	195,0	200,0	1	460,0	72,41	12
2 Giraldo Méndez Jorge	2001	PEXTRE	65,10		14	130,0	137,5	142,5	2	90,0	92,5	-95,0	2	170,0	-180,0	X	3	405,0	63,59	9
3 Sosa Valenciano Gonzalo	2004	PEXTRE	63,10		13	115,0	120,0	130,0	3	-70,0	72,5	77,5	3	160,0	-175,0	175,0	2	382,5	61,06	8
-74 kg																				
1 Estévez Corrales César	1990	PEXTRE	72,80		15	175,0	190,0	-195,0	1	117,5	-125,0	130,0	1	205,0	225,0	-232,5	1	545,0	80,69	12
2 Martínez Fernández Miguel Ángel	2005	PEXTRE	72,80		17	142,5	-152,5	155,0	2	-85,0	-90,0	92,5	2	175,0	187,5	-195,0	2	435,0	64,41	9
-83 kg																				
1 Sánchez Farias Jaime Rafael	2002	PEXTRE	80,50		18	190,0	200,0	207,5	1	132,5	140,0	145,0	1	215,0	225,0	227,5	2	580,0	81,54	12
2 Jaime Caparrós Antonio	2002	PALBA	81,40		20	180,0	195,0	-202,5	3	135,0	145,0	-150,0	2	240,0	-250,0	-260,0	1	580,0	81,08	9
3 Jaime Caparrós Josué	1993	PALBA	76,30		21	170,0	195,0	205,0	2	115,0	125,0	130,0	3	215,0	-230,0	-235,0	4	550,0	79,48	8
4 Sánchez Masegosa Gabriel	2004	NORBA	80,40		19	170,0	180,0	190,0	4	85,0	92,5	-100,0	4	190,0	205,0	220,0	3	502,5	70,69	7
-93 kg																				
1 Gámez Carmona Ángel	1996	BRSKRS	91,40		26	200,0	215,0	222,5	1	132,5	137,5	-142,5	1	210,0	222,5	230,0	2	590,0	77,84	12
2 Pérez González Alberto	2002	PEXTRE	88,80		25	190,0	200,0	210,0	2	120,0	127,5	-135,0	2	220,0	235,0	-245,0	1	572,5	76,62	9
3 Díaz Colo Daniel	1995	DTPOW	91,10		29	177,5	190,0	-200,0	4	110,0	115,0	-117,5	4	200,0	215,0	220,0	4	525,0	69,38	8
4 Molina Valverde Ernesto	2002	NORBA	90,20		27	-175,0	185,0	-200,0	6	90,0	102,5	-110,0	6	200,0	215,0	230,0	3	517,5	68,72	7
5 Sánchez Morales Carlos	2000	NORBA	92,60		23	180,0	185,0	187,5	5	115,0	120,0	-125,0	3	-200,0	210,0	-225,0	5	517,5	67,84	6
6 López Guillén Samuel	2002	PEXTRE	92,30		28	180,0	192,5	202,5	3	97,5	102,5	107,5	5	172,5	190,0	-205,0	6	500,0	65,65	5
-105 kg																				
1 Gimenez Pallares Ricardo	2000	NORBA	100,00		32	-210,0	-215,0	215,0	2	155,0	165,0	170,0	1	225,0	240,0	250,0	3	635,0	80,22	12
2 González Martínez Domingo	1994	SIDER	103,30		31	210,0	222,5	-232,5	1	120,0	127,5	132,5	3	225,0	245,0	257,5	2	612,5	76,20	9
3 Blanco Sanchez Daniel	1996	PEXTRE	102,80		33	200,0	215,0	-220,0	3	125,0	-135,0	135,0	2	-240,0	260,0	-280,0	1	610,0	76,06	8
120+ kg																				
1 Ramírez Morcillo Alejandro	2003	PEXTRE	148,40		34	230,0	240,0	250,0	1	115,0	125,0	-130,0	1	235,0	250,0	-260,0	1	625,0	66,60	12

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

Nombre	CLUB	PESO	Cat.	Total	GL pt.	Clas.
1 Sánchez Farias Jaime Rafael	PEXTRE	80,50	-83kg	580,0	81,54	1
2 Jaime Caparrós Antonio	PALBA	81,40	-83kg	580,0	81,08	2
3 Estévez Corrales César	PEXTRE	72,80	-74kg	545,0	80,69	1

ABREVIACIONES:

ATOLE=ASOCIACION TOLEDO
BRSKRS=BERSERKERS Toledo

DTPOW=DT POWER Madrid
NORBA=NORBA POWER Cáceres

PALBA=POWERLIFTING ALBACETE
PEXTRE=POWERLIFTING EXTREMADURA

SIDER=SIDEROPOLIS Madrid
ZBBAR=ZB BARBELL Ciudad Real