ASOCIACION ESPANOLA DE POWERLIFTING

IV Regional Reino de Toledo

AEP 2 - Regional Centro 1 (Castilla La Mancha y Extremadura)

El Viso de San Juan, Toledo 28 de marzo

Rev. 14/04/2026

MUJERES POWERLIFTING RAW

Cat.	Pos.	LEVANTADORA	AÑO	CLUB	PESO	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
52	1	Poblacion Correia Maria	2006	POWERLIFTING EXTREMADURA	49.4	114	107.5	115.0	-120.0	52.5	57.5	-62.5	125.0	135.0	142.5	**315**	**83.255**
57	1	Cabanil Chavez Jessica	1997	BERSERKERS Toledo	55.9	123	145.0	155.0	160.0	70.0	-75.0	75.0	140.0	147.5	-150.0	**382.5**	**91.061**
57	2	Noval Romero Nerea	2001	BERSERKERS Toledo	55.1	115	107.5	112.5	-117.5	52.5	-57.5	57.5	130.0	140.0	145.0	**315**	**75.840**
63	1	Amigo Barba Maria	2001	BERSERKERS Toledo	57.6	113	145.0	150.0	152.5	70.0	-72.5	-72.5	150.0	160.0	165.0	**387.5**	**90.189**
63	2	Perez Nova Blanca	2001	POWERLIFTING ALBACETE	61.1	110	127.5	137.5	142.5	62.5	67.5	-70.0	150.0	162.5	170.0	**380**	**84.833**
63	3	Pecero Pachon Laura	2005	POWERLIFTING EXTREMADURA	62.4	116	115.0	120.0	125.0	75.0	-80.0	-80.0	130.0	140.0	-155.0	**340**	**74.849**
63	4	Moreno Gomez Virginia	2001	BERSERKERS Toledo	62.7	112	110.0	117.5	-122.5	-55.0	55.0	-60.0	130.0	140.0	-147.5	**312.5**	**68.581**
69	1	Giron Pape Marina	2005	BERSERKERS Toledo	66.5	120	140.0	152.5	-157.5	75.0	80.0	-85.0	165.0	180.0	190.0	**422.5**	**89.403**
69	2	Alcalde Garcia Maria Del Pilar	2005	BERSERKERS Toledo	67.7	121	137.5	145.0	-150.0	65.0	70.0	72.5	147.5	157.5	167.5	**385**	**80.624**
69	3	Rubio Mansilla Eloisa	1992	ZB BARBELL Ciudad Real	65.2	122	-110.0	110.0	117.5	55.0	60.0	62.5	125.0	135.0	140.0	**320**	**68.521**
76	1	Pacheco Martinez Ana	2003	ZB BARBELL Ciudad Real	73.1	117	140.0	150.0	155.0	70.0	75.0		150.0	160.0		**390**	**78.363**
76	2	Moreau Mora Chloe	2007	POWERLIFTING TOLEDO	75.4	119	130.0	142.5	-155.0	65.0	-70.0	-70.0	140.0	155.0	165.0	**372.5**	**73.717**
84	1	Jonkute Skirmante	2001	POWERLIFTING ALBACETE	81.6	118	122.5	130.0	137.5	75.0	80.0	-85.0	147.5	157.5	170.0	**387.5**	**74.036**
84+	1	Delgado Rodriguez Maria	1990	BERSERKERS Toledo	96.9	111	120.0	127.5	-130.0	67.5	72.5	77.5	150.0	162.5	167.5	**372.5**	**67.021**

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
1	Cabanil Chavez Jessica	1997	BERSERKERS Toledo	55.9	57	**382.5**	**91.061**	1
2	Amigo Barba Maria	2001	BERSERKERS Toledo	57.6	63	**387.5**	**90.189**	1
3	Giron Pape Marina	2005	BERSERKERS Toledo	66.5	69	**422.5**	**89.403**	1
4	Perez Nova Blanca	2001	POWERLIFTING ALBACETE	61.1	63	**380**	**84.833**	2
5	Poblacion Correia Maria	2006	POWERLIFTING EXTREMADURA	49.4	52	**315**	**83.255**	1
6	Alcalde Garcia Maria Del Pilar	2005	BERSERKERS Toledo	67.7	69	**385**	**80.624**	2
7	Pacheco Martinez Ana	2003	ZB BARBELL Ciudad Real	73.1	76	**390**	**78.363**	1
8	Noval Romero Nerea	2001	BERSERKERS Toledo	55.1	57	**315**	**75.840**	2
9	Pecero Pachon Laura	2005	POWERLIFTING EXTREMADURA	62.4	63	**340**	**74.849**	3
10	Jonkute Skirmante	2001	POWERLIFTING ALBACETE	81.6	84	**387.5**	**74.036**	1
11	Moreau Mora Chloe	2007	POWERLIFTING TOLEDO	75.4	76	**372.5**	**73.717**	2
12	Moreno Gomez Virginia	2001	BERSERKERS Toledo	62.7	63	**312.5**	**68.581**	4
13	Rubio Mansilla Eloisa	1992	ZB BARBELL Ciudad Real	65.2	69	**320**	**68.521**	3
14	Delgado Rodriguez Maria	1990	BERSERKERS Toledo	96.9	84+	**372.5**	**67.021**	1

ASOCIACION ESPANOLA DE POWERLIFTING

IV Regional Reino de Toledo

AEP 2 - Regional Centro 1 (Castilla La Mancha y Extremadura)

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HOMBRES POWERLIFTING RAW

Cat.	Pos.	LEVANTADORA	AÑO	CLUB	PESO	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
59	1	Martinez Murria Sergi	2003	BELIAL POWERLIFTING Toledo	57.99	313	155.00	162.50	170.00	90.00	95.00	100.00	180.00	190.00	-200.00	**460**	**76.825**
66	1	Rascon Mascaraque Pablo	2003	ECLIPSE POWERLIFTING Ciudad Real	61.93	317	185.00	195.00	205.00	105.00	110.00	115.00	190.00	205.00	220.00	**540**	**87.072**
66	2	Alonso Rubiales German	2003	POWERLIFTING EXTREMADURA	63.92	316	165.00	172.50	180.00	95.00	100.00	105.00	200.00	207.50	215.00	**500**	**79.276**
66	3	Nunez-Barranco Garcia Carlos	2006	POWERLIFTING ALBACETE	63.65	311	155.00	160.00	165.00	105.00	110.00	112.50	195.00	202.50	207.50	**485**	**77.071**
66	4	Agudo Beneitez Daniel	1991	POWERLIFTING TOLEDO	64.75	315	135.00	147.50	157.50	100.00	-107.50	107.50	170.00	185.00	-195.00	**450**	**70.862**
74	1	Serrano Heredia Daniel	2005	ZB BARBELL Ciudad Real	72.57	319	212.50	225.00	230.00	155.00	165.00	-175.00	220.00	240.00	-252.50	**635**	**94.175**
74	2	Toldos Ronco Antonio	1997	POWERLIFTING ALBACETE	73.55	310	207.50	217.50	222.50	125.00	130.00	132.50	230.00	245.00	-255.00	**600**	**88.365**
74	3	Rodriguez Gonzalez Daniel	2005	POWERLIFTING ALBACETE	72.51	318	197.50	207.50	215.00	130.00	135.00	137.50	215.00	227.50	235.00	**587.5**	**87.168**
83	1	Desdentado Guillen Jose Maria	1996	ECLIPSE POWERLIFTING Ciudad Real	80.79	213	212.50	225.00	232.50	110.00	115.00	120.00	240.00	260.00	277.50	**630**	**88.410**
83	2	Ramirez Alarcon Antonio	2005	INSANE POWERLIFTING CIUDAD REAL	81.34	216	195.00	207.50	220.00	157.50	-162.50	162.50	220.00	235.00	247.50	**630**	**88.106**
83	3	Antonio Mas Xavier	2007	POWERLIFTING ALBACETE	81.65	215	195.00	210.00	217.50	130.00	137.50	142.50	240.00	255.00	270.00	**630**	**87.936**
83	4	Rabanal Camunez Alejandro	2006	BERSERKERS Toledo	81.74	211	212.50	227.50	235.00	140.00	147.50	152.50	217.50	230.00	-245.00	**617.5**	**86.143**
83	5	Sanchez Mora Oscar	1992	BERSERKERS Toledo	81.19	212	190.00	202.50	210.00	122.50	-130.00	-130.00	235.00	247.50	255.00	**587.5**	**82.239**
83	6	Gutierrez Rodriguez Pablo	1996	BERSERKERS Toledo	82.4	210	205.00	215.00	222.50	102.50	-107.50	-107.50	230.00	245.00	-252.50	**570**	**79.193**
83	7	Ruiz Cano Sergio	1996	POWERLIFTING ALBACETE	81.53	218	185.00	195.00	205.00	117.50	122.50	-127.50	220.00	232.50	-245.00	**560**	**78.223**
83	8	Perez Pascal Alex	2005	POWERLIFTING TOLEDO	81.84	214	182.50	197.50	205.00	105.00	112.50	117.50	222.50	237.50	-250.00	**560**	**78.073**
83	9	Fermin Maestro David	1995	BELIAL POWERLIFTING Toledo	78.78	217	170.00	182.50	190.00	105.00	110.00	115.00	220.00	230.00	-240.00	**535**	**76.050**
83	10	Fedelich Leonard Roberto Carlos	2001	POWERLIFTING EXTREMADURA	81.49	219	175.00	185.00	-190.00	-115.00	115.00	120.00	220.00	-230.00	-230.00	**525**	**73.353**
93	1	Sanchez Illescas Roberto	2000	BERSERKERS Toledo	91.53	415	230.00	245.00	257.50	165.00	172.50	-177.50	285.00	300.00	-317.50	**730**	**96.247**
93	2	Garcia Fernandez Miguel	1986	BERSERKERS Toledo	86.65	414	217.50	230.00	-235.00	160.00	167.50	170.00	245.00	260.00	267.50	**667.5**	**90.425**
93	3	Benitez Dominguez Miguel	2006	ZB BARBELL Ciudad Real	91.37	416	215.00	230.00	242.50	155.00	160.00	165.00	235.00	252.50		**660**	**87.092**
93	4	Nadal Llorente Raul	1998	BERSERKERS Toledo	86.88	418	225.00	237.50	245.00	145.00	150.00	155.00	230.00	245.00	255.00	**655**	**88.614**
93	5	Hidalgo Rodriguez Camil	2005	ZB BARBELL Ciudad Real	88.16	417	-195.00	200.00	-212.50	127.50	135.00	140.00	237.50	260.00	-270.00	**600**	**80.585**
93	6	Perez Ramirez Jhoan Sebastian	2004	BERSERKERS Toledo	87.03	413	75.00	125.00		140.00	-150.00	-160.00	175.00			**440**	**59.476**
105	1	Iglesias Francia Alberto	1987	POWERLIFTING EXTREMADURA	102.95	412	-215.00	225.00	240.00	135.00	145.00	-155.00	235.00	255.00	-265.00	**640**	**79.749**
105	2	Edu Monrroy Patrick	2000	INSANE POWERLIFTING CIUDAD REAL	101.81	411	225.00	-232.50	232.50	115.00	-120.00	-120.00	270.00	-290.00	-302.50	**617.5**	**77.349**
105	3	Elena Ruiz Sergio	1999	INSANE POWERLIFTING CIUDAD REAL	101.16	419	230.00	240.00	-250.00	115.00	120.00	-125.00	250.00	-270.00	-270.00	**610**	**76.641**
120	1	Hernandez Maqueda Alejandro	2002	BERSERKERS Toledo	114.34	420	242.50	252.50	260.00	155.00	-160.00	160.00	270.00	290.00	-300.00	**710**	**84.315**
120	2	Martin Lencero Aday Manuel	2001	POWERLIFTING EXTREMADURA	109.04	410	75.00	-77.50		95.00	105.00	115.00	210.00	230.00	-240.00	**420**	**50.959**

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
1	Sanchez Illescas Roberto	2000	BERSERKERS Toledo	91.53	93	730	**96.247**	1
2	Serrano Heredia Daniel	2005	ZB BARBELL Ciudad Real	72.57	74	635	**94.175**	1
3	Garcia Fernandez Miguel	1986	BERSERKERS Toledo	86.65	93	667.5	**90.425**	2
4	Nadal Llorente Raul	1998	BERSERKERS Toledo	86.88	93	655	**88.614**	4
5	Desdentado Guillen Jose Maria	1996	ECLIPSE POWERLIFTING Ciudad Real	80.79	83	630	**88.410**	1
6	Toldos Ronco Antonio	1997	POWERLIFTING ALBACETE	73.55	74	600	**88.365**	2
7	Ramirez Alarcon Antonio	2005	INSANE POWERLIFTING CIUDAD REAL	81.34	83	630	**88.106**	2
8	Antonio Mas Xavier	2007	POWERLIFTING ALBACETE	81.65	83	630	**87.936**	3
9	Rodriguez Gonzalez Daniel	2005	POWERLIFTING ALBACETE	72.51	74	587.5	**87.168**	3
10	Benitez Dominguez Miguel	2006	ZB BARBELL Ciudad Real	91.37	93	660	**87.092**	3
11	Rascon Mascaraque Pablo	2003	ECLIPSE POWERLIFTING Ciudad Real	61.93	66	540	**87.072**	1
12	Rabanal Camunez Alejandro	2006	BERSERKERS Toledo	81.74	83	617.5	**86.143**	4
13	Hernandez Maqueda Alejandro	2002	BERSERKERS Toledo	114.34	120	710	**84.315**	1
14	Sanchez Mora Oscar	1992	BERSERKERS Toledo	81.19	83	587.5	**82.239**	5
15	Hidalgo Rodriguez Camil	2005	ZB BARBELL Ciudad Real	88.16	93	600	**80.585**	5

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
16	Iglesias Francia Alberto	1987	POWERLIFTING EXTREMADURA	102.95	105	640	**79.749**	1
17	Alonso Rubiales German	2003	POWERLIFTING EXTREMADURA	63.92	66	500	**79.276**	2
18	Gutierrez Rodriguez Pablo	1996	BERSERKERS Toledo	82.4	83	570	**79.193**	6
19	Ruiz Cano Sergio	1996	POWERLIFTING ALBACETE	81.53	83	560	**78.223**	7
20	Perez Pascal Alex	2005	POWERLIFTING TOLEDO	81.84	83	560	**78.073**	8
21	Edu Monrroy Patrick	2000	INSANE POWERLIFTING CIUDAD REAL	101.81	105	617.5	**77.349**	2
22	Nunez-Barranco Garcia Carlos	2006	POWERLIFTING ALBACETE	63.65	66	485	**77.071**	3
23	Martinez Murria Sergi	2003	BELIAL POWERLIFTING Toledo	57.99	59	460	**76.825**	1
24	Elena Ruiz Sergio	1999	INSANE POWERLIFTING CIUDAD REAL	101.16	105	610	**76.641**	3
25	Fermin Maestro David	1995	BELIAL POWERLIFTING Toledo	78.78	83	535	**76.050**	9
26	Fedelich Leonard Roberto Carlos	2001	POWERLIFTING EXTREMADURA	81.49	83	525	**73.353**	10
27	Agudo Beneitez Daniel	1991	POWERLIFTING TOLEDO	64.75	66	450	**70.862**	4
28	Perez Ramirez Jhoan Sebastian	2004	BERSERKERS Toledo	87.03	93	440	**59.476**	6
29	Martin Lencero Aday Manuel	2001	POWERLIFTING EXTREMADURA	109.04	120	420	**50.959**	2