

| CAT. | SQ    | ABSOLUTO                       | CLUB                            | LOCALIDAD                             | FECHA      |
|------|-------|--------------------------------|---------------------------------|---------------------------------------|------------|
| 47   | 145.0 | Ana Lores Fernández            | DT Power Madrid                 | Velika Gorica, CROACIA                | 17/3/2024  |
| 52   | 158.0 | Estela Cuervo Usano            | DT Power Madrid                 | Alhaurín de la Torre (Málaga), ESPAÑA | 29/9/2024  |
| 57   | 182.5 | Maiara Da Silva Dias           | Crom Madrid                     | Málaga, ESPAÑA                        | 23/3/2025  |
| 63   | 183.0 | Cristina González Molina       | RV Strength Huelva              | Boecillo, Valladolid                  | 18/5/2025  |
| 69   | 192.5 | Milena Salichs Cotrina         | MOONSTONE BARBELL Sat           | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| 72   | 162.5 | Isabel Blecua Malak Amira      | Federación Catalana             | Kaunas (Lituania)                     | 2/12/2019  |
| 76   | 200.5 | Marta Caballero Torres         | NOTHING HAPPENED CLUB           | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| 84   | 212.5 | Carla Sánchez Jorge            | ATENEA POWERLIFTING Bz          | Druskininkai, Lithuania               | 14/1/2025  |
| +84  | 200.5 | Noemí Fernández De La Hoz      | Moonstone Barbell Sabadell      | Boecillo, Valladolid                  | 18/5/2025  |
| CAT. | SQ    | SUBJUNIOR (-18)                | CLUB                            | LOCALIDAD                             | FECHA      |
| 43   | 95.0  | Yaiza Calvo Bermudez           | Rival Powerlifting Barcelona    | San Jose, Costa Rica                  | 5/9/2025   |
| 47   | 105.0 | Paula Santos Mediavilla        | Canary Strength                 | Baza (Granada)                        | 24/9/2023  |
| 52   | 135.0 | Andrea Carmona Pérez           | SOUTH POWER Sevilla             | Humilladero, Málaga                   | 8/4/2026   |
| 57   | 140.0 | Maria Reise Tur                | GR STRENGTH TORRENT V           | Druskininkai, Lithuania               | 14/1/2025  |
| 63   | 162.0 | Alexandra Fragozo Kurchak      | GIMNASIO CROM Madrid            | Druskininkai, Lithuania               | 14/1/2025  |
| 69   | 164.0 | María Ibañez Martín            | Valkyria PT Valladolid          | Ferrol, A Coruña                      | 29/6/2025  |
| 72   | 117.5 | Ana Segado Moreno              | FG Power Alhaurín               | Chiva (Valencia)                      | 3/11/2019  |
| 76   | 156.0 | Carla Irene Fernández Siguenza | GR Strength Torrent             | Ferrol, A Coruña                      | 29/6/2025  |
| 84   | 151.0 | Alma Cordoba Priego            | Unity Force Tarragona           | Baza (Granada)                        | 24/9/2023  |
| +84  | 175.0 | Júlia Talavera Gómez           | FORÇA LAIESKEN Barcelona        | Druskininkai, Lithuania               | 14/1/2025  |
| CAT. | SQ    | JUNIOR (-23)                   | CLUB                            | LOCALIDAD                             | FECHA      |
| 43   | 107.5 | Elisa Albers Galindo           | EFFICIENT STRENGTH Alm          | Druskininkai, Lithuania               | 14/1/2025  |
| 47   | 127.5 | Paula Santos Mediavilla        | WAVES STRENGTH Canaria          | St. Julians, Malta                    | 8/7/2026   |
| 52   | 142.5 | Elena Del Pueyo López          | POWERLIFTING CANTABRI           | Druskininkai, Lithuania               | 14/1/2025  |
| 57   | 177.5 | Maiara Da Silva Dias           | Crom Madrid                     | Estambul (Turquia)                    | 4/9/2022   |
| 63   | 183.0 | Cristina González Molina       | RV Strength Huelva              | Boecillo, Valladolid                  | 18/5/2025  |
| 69   | 192.5 | Milena Salichs Cotrina         | MOONSTONE BARBELL Sat           | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| 72   | 162.5 | Isabel Blecua Malak Amira      | Federación Catalana             | Kaunas (Lituania)                     | 2/12/2019  |
| 76   | 200.5 | Marta Caballero Torres         | NOTHING HAPPENED CLUB           | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| 84   | 212.5 | Carla Sánchez Jorge            | ATENEA POWERLIFTING Bz          | Druskininkai, Lithuania               | 14/1/2025  |
| +84  | 200.5 | Noemí Fernández De La Hoz      | Moonstone Barbell Sabadell      | Boecillo, Valladolid                  | 18/5/2025  |
| CAT. | SQ    | MASTER I (+40)                 | CLUB                            | LOCALIDAD                             | FECHA      |
| 47   | 115.0 | Marta Fernandez Ramirez        | Powerlifting Salamanca          | Albi (Francia)                        | 16/2/2025  |
| 52   | 115.0 | Paz López Carrasco             | Villa Powerlifting Madrid       | Albi (Francia)                        | 16/2/2025  |
| 57   | 140.0 | Zoraida Bermúdez Doce          | Fénix Galicia Power             | Málaga, ESPAÑA                        | 18/2/2024  |
| 63   | 160.0 | Raquel De La Calle Labarzana   | Crom Madrid                     | Chiva (Valencia)                      | 3/11/2019  |
| 69   | 172.5 | Raquel De La Calle Labarzana   | Crom Madrid                     | St. Jhon's (CANADA)                   | 12/10/2022 |
| 72   | 145.0 | Amanda Planas Domínguez        | Energy Alhaurín                 | Alhaurín de la Torre (Málaga)         | 2/12/2017  |
| 76   | 156.0 | Isabel Gonzalez Vazquez        | SOUTH POWER Sevilla             | Narón, A Coruña                       | 8/4/2026   |
| 84   | 172.5 | Milá Cuevas Mulero             | FG Power Alhaurín               | St. Jhon's (CANADA)                   | 12/10/2022 |
| +84  | 180.0 | Laura Domingo Mellado          | SIDEROPOLIS Madrid              | Almensilla, Sevilla                   | 22/6/2025  |
| CAT. | SQ    | MASTER II (+50)                | CLUB                            | LOCALIDAD                             | FECHA      |
| 47   | 92.5  | Ana Sternfeld Buraya           | Agrup. Dep. Sideropolis         | Chiva (Valencia)                      | 3/11/2019  |
| 52   | 92.5  | Ana Sternfeld Buraya           | SIDEROPOLIS Madrid              | Narón, A Coruña                       | 8/4/2026   |
| 57   | 108.0 | Ana Belén Gamayo Carreño       | SIDEROPOLIS Madrid              | Narón, A Coruña                       | 8/7/2026   |
| 63   | 120.0 | Marta Moratinos Cuadra         | Asensio Powerlifting Valladolid | Huercal-Overa, Almería                | 13/7/2024  |
| 69   | 132.5 | Raquel Martin Tomas            | Powerlifting Salamanca          | Chiva, Valencia                       | 3/6/2023   |
| 72   |       |                                |                                 |                                       |            |
| 76   | 135.0 | Montse Ramos Vila              | Federación Catalana             | Chiva, Valencia                       | 3/6/2023   |
| 84   | 167.5 | Milá Cuevas Mulero             | FG Power Alhaurín               | Málaga, ESPAÑA                        | 18/2/2024  |
| +84  | 169.0 | Mila Cuevas Mulero             | FG Power Alhaurín               | Chiva, Valencia                       | 26/10/2024 |
| CAT. | SQ    | MASTER III (+60)               | CLUB                            | LOCALIDAD                             | FECHA      |
| 47   | 82.5  | Silvana Tancredi Garcia        | Sideropolis Madrid              | Chiva (Valencia)                      | 26/6/2022  |
| 52   | 75.0  | Silvana Tancredi García        | Agrup. Dep. Sideropolis         | León                                  | 13/7/2019  |
| 57   |       |                                |                                 |                                       |            |
| 63   | 83.0  | Lourdes Padilla Escuela        | FUERZA GUANCHE Canaria          | Narón, A Coruña                       | 8/4/2026   |
| 69   |       |                                |                                 |                                       |            |
| 72   |       |                                |                                 |                                       |            |
| 76   |       |                                |                                 |                                       |            |
| 84   |       |                                |                                 |                                       |            |
| +84  |       |                                |                                 |                                       |            |
| CAT. | SQ    | MASTER IV (+70)                | CLUB                            | LOCALIDAD                             | FECHA      |
| 47   |       |                                |                                 |                                       |            |
| 52   |       |                                |                                 |                                       |            |
| 57   |       |                                |                                 |                                       |            |
| 63   | 50.5  | Miguelina Padrón Herrera       | FUERZA GUANCHE Canaria          | Narón, A Coruña                       | 8/4/2026   |
| 69   |       |                                |                                 |                                       |            |
| 72   |       |                                |                                 |                                       |            |
| 76   | 68.5  | Consuelo Domenech Sempere      | FUERZA ISABEL ATLAS Chi         | Narón, A Coruña                       | 8/4/2026   |
| 84   |       |                                |                                 |                                       |            |
| +84  |       |                                |                                 |                                       |            |

| CAT. | PB    | ABSOLUTO                    | CLUB                         | LOCALIDAD                       | FECHA      |
|------|-------|-----------------------------|------------------------------|---------------------------------|------------|
| 47   | 77.5  | Paula Santos Mediavilla     | Canary Strength              | Boecillo, Valladolid            | 18/5/2025  |
| 52   | 88.0  | Patricia Martin Ruiz        | DT Power Madrid              | Las Torres de Cotillas (Murcia) | 10/3/2024  |
| 57   | 100.5 | Leire Ormaetxea Prieto      | SPARTA Murcia                | Las Torres de Cotillas, Murcia  | 8/7/2026   |
| 63   | 120.0 | Elsa Prandi Merino          | Specific Strength Madrid     | San Jose, Costa Rica            | 8/7/2026   |
| 69   | 117.5 | Milena Salichs Cotrina      | MOONSTONE BARBELL Sat        | Las Torres de Cotillas, Murcia  | 8/7/2026   |
| 72   | 97.5  | Eva Vico Martínez           | Basic Strength Cadiz         | Kaunas (Lituania)               | 2/12/2019  |
| 76   | 122.5 | Sara Sanchez-Manjervas Ruiz | Altea-Finestrat-L'Alfas      | Druskininkai, LITUANIA          | 23/6/2024  |
| 84   | 107.5 | Rosa Erimo Sabadell         | RV Strength Huelva           | Bollullos de la Mitación        | 19/10/2025 |
| +84  | 102.5 | Carla Hernández Aguilar     | STB Strength Barcelona       | Ferrol, A Coruña                | 19/5/2024  |
| CAT. | PB    | SUBJUNIOR (-18)             | CLUB                         | LOCALIDAD                       | FECHA      |
| 43   | 50.0  | Yaiza Calvo Bermudez        | Rival Powerlifting Barcelona | San Jose, Costa Rica            | 5/9/2025   |
| 47   | 65.0  | Paula Santos Mediavilla     | Canary Strength              | Baza (Granada)                  | 24/9/2023  |
| 52   | 76.5  | Lucia Bernabeu Gomez        | Sparta Murcia                | Baza (Granada)                  | 24/9/2023  |
| 57   | 80.0  | Alexandra Fragozo Kurchak   | Gimnasio Crom Madrid         | Baza (Granada)                  | 24/9/2023  |
| 63   | 113.0 | Alexandra Fragozo Kurchak   | GIMNASIO CROM Madrid         | San Jose, Costa Rica            | 5/9/2025   |
| 69   | 92.5  | María Ibañez Martín         | Valkyria PT Valladolid       | San Jose, Costa Rica            | 5/9/2025   |
| 72   | 72.5  | Claudia Jaén Trujillo       | FG Power Alhaurín            | Palos de la Frontera (Huelva)   | 11/3/2018  |
| 76   | 93.0  | Sofía Herrero Jimenez       | Powerlifting Alcobendas      | Ferrol, A Coruña                | 29/6/2025  |
| 84   | 70.0  | Alma Cordoba Priego         | Unity Force Tarragona        | Baza (Granada)                  | 24/9/2023  |
| +84  | 102.5 | Julia Talaver Gamez         | Forca Laiesken Barcelona     | San Jose, Costa Rica            | 5/9/2025   |
| CAT. | PB    | JUNIOR (-23)                | CLUB                         | LOCALIDAD                       | FECHA      |
| 43   | 52.5  | Elisa Albers Galindo        | Efficient Strength Almería   | St. Paul's Bay, MALTA           | 8/9/2024   |
| 47   | 77.5  | Paula Santos Mediavilla     | Canary Strength              | Boecillo, Valladolid            | 18/5/2025  |
| 52   | 87.5  | Lucia Bernabeu Gomez        | GR Strength Torrent Valencia | Chipiona, Cádiz                 | 5/4/2025   |
| 57   | 100.5 | Leire Ormaetxea Prieto      | SPARTA Murcia                | Las Torres de Cotillas, Murcia  | 8/7/2026   |
| 63   | 120.0 | Elsa Prandi Merino          | Specific Strength Madrid     | San Jose, Costa Rica            | 5/9/2025   |
| 69   | 117.5 | Milena Salichs Cotrina      | MOONSTONE BARBELL Sat        | Las Torres de Cotillas, Murcia  | 8/7/2026   |
| 72   | 97.5  | Eva Vico Martínez           | Basic Strength Cadiz         | Kaunas (Lituania)               | 2/12/2019  |
| 76   | 100.0 | Florine Tourenne            | Sparta Murcia                | Ibi (Alicante)                  | 1/10/2023  |
| 84   | 105.0 | Carla Sánchez Jorge         | ATENEA POWERLIFTING Bz       | Druskininkai, Lithuania         | 14/1/2025  |
| +84  | 102.5 | Carla Hernández Aguilar     | STB Strength Barcelona       | Ferrol, A Coruña                | 19/5/2024  |
| CAT. | PB    | MASTER I (+40)              | CLUB                         | LOCALIDAD                       | FECHA      |
| 47   | 62.5  | Beatriz Cano Torres         | Fed. Catalana                | Medina Del Campo (Valladolid)   | 25/6/2016  |
| 52   | 64.0  | Marta Rincon Fernandez      | Crossfit Salamanca           | Chiva (Valencia)                | 26/6/2022  |
| 57   | 92.5  | Zoraida Bermúdez Doce       | Fénix Galicia Power          | Málaga, ESPAÑA                  | 18/2/2024  |
| 63   | 93.0  | Zoraida Bermudez Doce       | Fénix Galicia Power          | Chiva, Valencia                 | 3/6/2023   |
| 69   | 97.5  | Amanda Planas Domínguez     | Energy Alhaurín              | Málaga, ESPAÑA                  | 18/2/2024  |
| 72   | 95.5  | Amanda Planas Domínguez     | Energy Alhaurín              | Chiva (Valencia)                | 5/10/2018  |
| 76   | 87.5  | Isabel Vazquez Gonzalez     | ÉLITE BOLLULLOS              | Chiva, Valencia                 | 26/10/2024 |
| 84   | 92.5  | Milá Cuevas Mulero          | FG Power Alhaurín            | Málaga, ESPAÑA                  | 18/2/2024  |
| +84  | 93.0  | Mila Cuevas Mulero          | FG Power Alhaurín            | Huerca-Overa, Almería           | 13/7/2024  |
| CAT. | PB    | MASTER II (+50)             | CLUB                         | LOCALIDAD                       | FECHA      |
| 47   | 62.5  | Beatriz Cano Torres         | Fed. Catalana                | Medina Del Campo (Valladolid)   | 25/6/2016  |
| 52   | 53.0  | Ana Sternfeld Buraya        | SIDEROPOLIS Madrid           | Narón, A Coruña                 | 8/7/2026   |
| 57   | 60.0  | Noelia Aliste Sánchez       | Federación Catalana          | Málaga, ESPAÑA                  | 18/2/2024  |
| 63   | 78.0  | Remedios Martínez Iborra    | GR STRENGTH Valencia         | Narón, A Coruña                 | 8/7/2026   |
| 69   | 75.0  | Remedios Martínez Iborra    | Fuerza Guanche Canarias      | Chiva, Valencia                 | 3/6/2023   |
| 72   |       |                             |                              |                                 |            |
| 76   | 70.0  | Marta Esteban Herraz        | Powerlifting Madrid          | Chiva (Valencia)                | 26/6/2022  |
| 84   | 92.5  | Milá Cuevas Mulero          | FG Power Alhaurín            | Málaga, ESPAÑA                  | 18/2/2024  |
| +84  | 93.0  | Mila Cuevas Mulero          | FG Power Alhaurín            | Huerca-Overa, Almería           | 13/7/2024  |
| CAT. | PB    | MASTER III (+60)            | CLUB                         | LOCALIDAD                       | FECHA      |
| 47   | 45.0  | Silvana Tancredi García     | Agrup. Dep. Sideropolis      | Chiva (Valencia)                | 27/6/2021  |
| 52   | 42.5  | Silvana Tancredi García     | Agrup. Dep. Sideropolis      | León                            | 13/7/2019  |
| 57   |       |                             |                              |                                 |            |
| 63   | 47.5  | Lourdes Padilla Escuela     | FUERZA GUANCHE Canaria:      | Oulu, Finlandia                 | 23/2/2026  |
| 69   |       |                             |                              |                                 |            |
| 72   |       |                             |                              |                                 |            |
| 76   |       |                             |                              |                                 |            |
| 84   |       |                             |                              |                                 |            |
| +84  |       |                             |                              |                                 |            |
| CAT. | PB    | MASTER IV (+70)             | CLUB                         | LOCALIDAD                       | FECHA      |
| 47   |       |                             |                              |                                 |            |
| 52   |       |                             |                              |                                 |            |
| 57   |       |                             |                              |                                 |            |
| 63   | 34.0  | Miguelina Padrón Herrera    | FUERZA GUANCHE Canaria:      | Narón, A Coruña                 | 8/4/2026   |
| 69   |       |                             |                              |                                 |            |
| 72   |       |                             |                              |                                 |            |
| 76   | 38.0  | Consuelo Domenech Sempere   | FUERZA ISABEL ATLAS Chi      | Narón, A Coruña                 | 8/4/2026   |
| 84   |       |                             |                              |                                 |            |
| +84  |       |                             |                              |                                 |            |

| CAT. | PM    | ABSOLUTO                      | CLUB                                                   | LOCALIDAD                             | FECHA      |
|------|-------|-------------------------------|--------------------------------------------------------|---------------------------------------|------------|
| 47   | 155.0 | Ana Lores Fernández           | DT Power Madrid                                        | Velika Gorica, CROACIA                | 17/3/2024  |
| 52   | 188.0 | Alejandra Aguilera García     | Depornixar Almería                                     | Alhaurín de la Torre (Málaga), ESPAÑA | 29/9/2024  |
| 57   | 205.0 | Maiara Da Silva Dias          | Gimansio Crom Madrid                                   | St. Julians, MALTA                    | 18/6/2023  |
| 63   | 220.5 | Inmaculada Soto Ruíz          | LIFT AMBITION Granada                                  | Bollulos de la Mitación               | 19/10/2025 |
| 69   | 215.5 | Inmaculada Soto Ruíz          | Lift Ambition Granada                                  | Chipiona, Cádiz                       | 5/4/2025   |
| 72   | 186.0 | Isabel Blecua Malak Amira     | Federación Catalana                                    | Bollulos Par del Condado, Huelva      | 6/10/2019  |
| 76   | 227.5 | Sara Sánchez-Manjavas Ruíz    | Altea-Finestrat-L'Alfas                                | Tartu, ESTONIA                        | 9/12/2023  |
| 84   | 227.5 | Rosa Erimo Sabadell           | RV STRENGTH Huelva                                     | St. Julians, Malta                    | 8/7/2026   |
| +84  | 213.0 | Richis Omoruyi Omoruyi        | IZARRA POWERLIFTING Biz Las Torres de Cotillas, Murcia |                                       | 8/7/2026   |
| CAT. | PM    | SUBJUNIOR (-18)               | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 43   | 110.0 | Yaiza Calvo Bermudez          | Rival Powerlifting Barcelona                           | Boecillo, Valladolid                  | 18/5/2025  |
| 47   | 130.5 | Amanda Tendero Palazón        | ZB BARBELL Ciudad Real                                 | Humilladero, Málaga                   | 8/7/2026   |
| 52   | 156.0 | Andrea Carmona Pérez          | SOUTH POWER Sevilla                                    | Humilladero, Málaga                   | 8/4/2026   |
| 57   | 160.5 | María Reise Tur               | GR Strength Torrent                                    | Ferrol, A Coruña                      | 29/6/2025  |
| 63   | 196.5 | Alexandra Fragoso Kurchak     | GIMNASIO CROM Madrid                                   | Druskininkai, Lithuania               | 14/1/2025  |
| 69   | 175.0 | María Ibañez Martín           | Valkyria PT Valladolid                                 | San Jose, Costa Rica                  | 5/9/2025   |
| 72   | 142.5 | Ana Segado Moreno             | FG Power Alhaurín                                      | Chiva (Valencia)                      | 3/11/2019  |
| 76   | 166.0 | Emma Hassan Trujillo          | FUERZA GUANCHE Canaria: Ferrol, A Coruña               |                                       | 29/6/2025  |
| 84   | 164.5 | Alexandra Munoz-Torrero Brown | ZB Barbell Ciudad Real                                 | Baza (Granada)                        | 24/9/2023  |
| +84  | 175.0 | Júlia Talavera Gómez          | FORÇA LAIESKEN Barcelona: Druskininkai, Lithuania      |                                       | 14/1/2025  |
| CAT. | PM    | JUNIOR (-23)                  | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 43   | 130.0 | Elisa Albers Galindo          | Efficient Strength Almería                             | Boecillo, Valladolid                  | 18/5/2025  |
| 47   | 150.5 | Paula Santos Mediavilla       | Canary Strength                                        | Boecillo, Valladolid                  | 18/5/2025  |
| 52   | 167.5 | Nayma Larrosa Cintas          | Fuerza Isabel Atlas Chiva                              | Ibi (Alicante)                        | 1/10/2023  |
| 57   | 195.0 | Maiara Da Silva Dias          | Crom Madrid                                            | Ibi (Alicante)                        | 3/4/2022   |
| 63   | 210.0 | Inmaculada Soto Ruiz          | Lift Ambition Granada                                  | Cluj Napoca, RUMANIA                  | 3/9/2023   |
| 69   | 215.0 | Milena Salichs Cotrina        | MOONSTONE BARBELL Sat Las Torres de Cotillas, Murcia   |                                       | 8/7/2026   |
| 72   | 186.0 | Isabel Blecua Malak Amira     | Federación Catalana                                    | Bollulos Par del Condado, Huelva      | 6/10/2019  |
| 76   | 215.0 | Sara Sánchez-Manjavacas Ruíz  | Iron Team Elche                                        | Carranque (Toledo)                    | 13/11/2021 |
| 84   | 225.0 | Carla Sánchez Jorge           | ATENEA POWERLIFTING B: Druskininkai, Lithuania         |                                       | 14/1/2025  |
| +84  | 213.0 | Richis Omoruyi Omoruyi        | IZARRA POWERLIFTING Biz Las Torres de Cotillas, Murcia |                                       | 8/7/2026   |
| CAT. | PM    | MASTER I (+40)                | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 47   | 130.0 | Marta Fernandez Ramirez       | Powerlifting Salamanca                                 | Albi (Francia)                        | 16/2/2025  |
| 52   | 175.0 | Paz López Carrasco            | VILLA POWERLIFTING Madr                                | Bollulos de la Mitación               | 19/10/2025 |
| 57   | 160.5 | Zoraida Bermudez Doce         | Fénix Galicia Power                                    | Almensilla (Sevilla)                  | 22/10/2023 |
| 63   | 166.0 | Zoraida Bermudez Doce         | Fénix Galicia Power                                    | Chiva, Valencia                       | 3/6/2023   |
| 69   | 187.5 | Amanda Planas Domínguez       | Energy Alhaurín                                        | Almensilla (Sevilla)                  | 22/10/2023 |
| 72   | 185.5 | Amanda Planas Domínguez       | Energy Alhaurín                                        | Chiva (Valencia)                      | 5/10/2018  |
| 76   | 187.5 | Abigail Marrero               | Fuerza Guanche Canarias                                | Albi (Francia)                        | 16/2/2025  |
| 84   | 217.5 | Milá Cuevas Mulero            | FG Power Alhaurín                                      | Málaga, ESPAÑA                        | 18/2/2024  |
| +84  | 205.5 | Mila Cuevas Mulero            | FG Power Alhaurín                                      | Chiva, Valencia                       | 26/10/2024 |
| CAT. | PM    | MASTER II (+50)               | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 47   | 107.5 | Ana Sternfeld Buraya          | Agrup. Dep. Sideropolis                                | Gyor (Hungria)                        | 5/3/2019   |
| 52   | 117.5 | María Jesús Marcianes Fraile  | SIDEROPOLIS Madrid                                     | Narón, A Coruña                       | 8/7/2026   |
| 57   | 155.0 | Noelia Aliste Sánchez         | Federación Catalana                                    | Málaga, ESPAÑA                        | 18/2/2024  |
| 63   | 151.0 | Marta Moratinos Cuadra        | ASENSIO POWERLIFTING v Narón, A Coruña                 |                                       | 8/4/2026   |
| 69   | 168.0 | Raquel Martin Tomas           | POWERLIFTING SALAMANC                                  | Narón, A Coruña                       | 8/4/2026   |
| 72   |       |                               |                                                        |                                       |            |
| 76   | 145.0 | Montse Ramos Vila             | Federación Catalana                                    | Chiva, Valencia                       | 3/6/2023   |
| 84   | 217.5 | Milá Cuevas Mulero            | FG Power Alhaurín                                      | Málaga, ESPAÑA                        | 18/2/2024  |
| +84  | 205.5 | Mila Cuevas Mulero            | FG Power Alhaurín                                      | Chiva, Valencia                       | 26/10/2024 |
| CAT. | PM    | MASTER III (+60)              | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 47   | 107.5 | Silvana Tancredi García       | SIDEROPOLIS Madrid                                     | Almensilla, Sevilla                   | 22/6/2025  |
| 52   | 92.5  | Silvana Tancredi García       | Agrup. Dep. Sideropolis                                | León                                  | 13/7/2019  |
| 57   |       |                               |                                                        |                                       |            |
| 63   | 116.0 | Lourdes Padilla Escuela       | FUERZA GUANCHE Canaria: Narón, A Coruña                |                                       | 8/4/2026   |
| 69   |       |                               |                                                        |                                       |            |
| 72   |       |                               |                                                        |                                       |            |
| 76   |       |                               |                                                        |                                       |            |
| 84   |       |                               |                                                        |                                       |            |
| +84  |       |                               |                                                        |                                       |            |
| CAT. | PM    | MASTER IV (+70)               | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 47   |       |                               |                                                        |                                       |            |
| 52   |       |                               |                                                        |                                       |            |
| 57   |       |                               |                                                        |                                       |            |
| 63   | 67.5  | Miguelina Padrón Herrera      | FUERZA GUANCHE Canaria: Narón, A Coruña                |                                       | 8/4/2026   |
| 69   |       |                               |                                                        |                                       |            |
| 72   |       |                               |                                                        |                                       |            |
| 76   | 95.5  | Consuelo Domenech Sempere     | FUERZA ISABEL ATLAS Chi: Narón, A Coruña               |                                       | 8/4/2026   |
| 84   |       |                               |                                                        |                                       |            |
| +84  |       |                               |                                                        |                                       |            |

| CAT. | TOTAL | ABSOLUTO                       | CLUB                         | LOCALIDAD                             | FECHA      |
|------|-------|--------------------------------|------------------------------|---------------------------------------|------------|
| 47   | 362.5 | Ana Lores Fernández            | DT Power Madrid              | Velika Gorica, CROACIA                | 17/3/2024  |
| 52   | 395.0 | Estela Cuervo Usano            | DT Power Madrid              | Alhaurín de la Torre (Málaga), ESPAÑA | 29/9/2024  |
| 57   | 480.0 | Maiara Da Silva Dias           | Crom Madrid                  | Málaga, ESPAÑA                        | 23/3/2025  |
| 63   | 510.5 | Inmaculada Soto Ruíz           | LIFT AMBITION Granada        | Bollullos de la Mitación              | 19/10/2025 |
| 69   | 525.0 | Milena Salichs Cotrina         | MOONSTONE BARBELL Sat        | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| 72   | 437.5 | Isabel Blecua Malak Amira      | Federación Catalana          | Kaunas (Lituania)                     | 2/12/2019  |
| 76   | 537.5 | Sara Sanchez-Manjervas Ruiz    | Altea-Finestrat-L'Alfas      | Druskininkai, LITUANIA                | 23/6/2024  |
| 84   | 542.5 | Carla Sánchez Jorge            | ATENEA POWERLIFTING Bz       | Druskininkai, Lituania                | 14/1/2025  |
| +84  | 500.0 | Carla Hernández Aguilar        | STRENGTH CAPITAL Madric      | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| CAT. | TOTAL | SUBJUNIOR (-18)                | CLUB                         | LOCALIDAD                             | FECHA      |
| 43   | 252.5 | Yaiza Calvo Bermudez           | Rival Powerlifting Barcelona | San Jose, Costa Rica                  | 5/9/2025   |
| 47   | 298.0 | Paula Santos Mediavilla        | Canary Strength              | Baza (Granada)                        | 24/9/2023  |
| 52   | 361.0 | Andrea Carmona Pérez           | SOUTH POWER Sevilla          | Humilladero, Málaga                   | 8/4/2026   |
| 57   | 372.5 | Maria Reise Tur                | GR STRENGTH TORRENT          | Druskininkai, Lituania                | 14/1/2025  |
| 63   | 468.5 | Alexandra Fragozo Kurchak      | GIMNASIO CROM Madrid         | Druskininkai, Lituania                | 14/1/2025  |
| 69   | 425.5 | María Ibañez Martín            | Valkyria PT Valladolid       | Ferrol, A Coruña                      | 29/6/2025  |
| 72   | 322.5 | Ana Segado Moreno              | FG Power Alhaurín            | Chiva (Valencia)                      | 3/11/2019  |
| 76   | 411.0 | Carla Irene Fernández Siguenza | GR Strength Torrent          | Ferrol, A Coruña                      | 29/6/2025  |
| 84   | 374.0 | Eva Bravo Lozano               | Gimansio Crom Madrid         | Baza (Granada)                        | 24/9/2023  |
| +84  | 447.5 | Júlia Talavera Gómez           | FORÇA LAIESKEN Barcelona     | Druskininkai, Lituania                | 14/1/2025  |
| CAT. | TOTAL | JUNIOR (-23)                   | CLUB                         | LOCALIDAD                             | FECHA      |
| 43   | 290.0 | Elisa Albers Galindo           | EFFICIENT STRENGTH Alm       | Druskininkai, Lituania                | 14/1/2025  |
| 47   | 351.0 | Paula Santos Mediavilla        | Canary Strength              | Boecillo, Valladolid                  | 18/5/2025  |
| 52   | 392.5 | Elena Del Pueyo López          | POWERLIFTING CANTABRI        | Druskininkai, Lituania                | 14/1/2025  |
| 57   | 457.5 | Maiara Da Silva Dias           | Crom Madrid                  | Estambul (Turquía)                    | 4/9/2022   |
| 63   | 485.0 | Alexandra Fragozo Kurchak      | GIMNASIO CROM Madrid         | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| 69   | 525.0 | Milena Salichs Cotrina         | MOONSTONE BARBELL Sat        | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| 72   | 437.5 | Isabel Blecua Malak Amira      | Federación Catalana          | Kaunas (Lituania)                     | 2/12/2019  |
| 76   | 493.0 | Marta Caballero Torres         | NOTHING HAPPENED CLUB        | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| 84   | 542.5 | Carla Sánchez Jorge            | ATENEA POWERLIFTING Bz       | Druskininkai, Lituania                | 14/1/2025  |
| +84  | 500.0 | Carla Hernández Aguilar        | STRENGTH CAPITAL Madric      | Las Torres de Cotillas, Murcia        | 8/7/2026   |
| CAT. | TOTAL | MASTER I (+40)                 | CLUB                         | LOCALIDAD                             | FECHA      |
| 47   | 302.5 | Marta Fernandez Ramirez        | Powerlifting Salamanca       | Albi (Francia)                        | 16/2/2025  |
| 52   | 347.5 | Paz López Carrasco             | VILLA POWERLIFTING Madr      | Bollullos de la Mitación              | 19/10/2025 |
| 57   | 390.0 | Zoraida Bermúdez Doce          | Fénix Galicia Power          | Málaga, ESPAÑA                        | 18/2/2024  |
| 63   | 399.0 | Zoraida Bermudez Doce          | Fénix Galicia Power          | Chiva, Valencia                       | 3/6/2023   |
| 69   | 430.0 | Raquel De La Calle Labarzana   | Crom Madrid                  | St. Jhon's (CANADA)                   | 12/10/2022 |
| 72   | 420.0 | Amanda Planas Domínguez        | Energy Alhaurín              | Alhaurín de la Torre (Málaga)         | 2/12/2017  |
| 76   | 409.0 | Isabel Gonzalez Vazquez        | SOUTH POWER Sevilla          | Narón, A Coruña                       | 8/4/2026   |
| 84   | 477.5 | Milá Cuevas Mulero             | FG Power Alhaurín            | Málaga, ESPAÑA                        | 18/2/2024  |
| +84  | 464.5 | Mila Cuevas Mulero             | FG Power Alhaurín            | Chiva, Valencia                       | 26/10/2024 |
| CAT. | TOTAL | MASTER II (+50)                | CLUB                         | LOCALIDAD                             | FECHA      |
| 47   | 252.5 | Beatriz Cano Torres            | Fed. Catalana                | Medina Del Campo (Valladolid)         | 25/6/2016  |
| 52   | 260.5 | Ana Sternfeld Buraya           | SIDEROPOLIS Madrid           | Narón, A Coruña                       | 8/4/2026   |
| 57   | 322.5 | Noelia Aliste Sánchez          | Federación Catalana          | Málaga, ESPAÑA                        | 18/2/2024  |
| 63   | 327.5 | María Repice                   | Energy Alhaurín              | Alhaurín De La Torre (Málaga)         | 3/12/2016  |
| 69   | 360.5 | Raquel Martin Tomas            | POWERLIFTING SALAMANC        | Narón, A Coruña                       | 8/4/2026   |
| 72   |       |                                |                              |                                       |            |
| 76   | 335.0 | Montse Ramos Vila              | Federación Catalana          | Chiva, Valencia                       | 3/6/2023   |
| 84   | 477.5 | Milá Cuevas Mulero             | FG Power Alhaurín            | Málaga, ESPAÑA                        | 18/2/2024  |
| +84  | 464.5 | Mila Cuevas Mulero             | FG Power Alhaurín            | Chiva, Valencia                       | 26/10/2024 |
| CAT. | TOTAL | MASTER III (+60)               | CLUB                         | LOCALIDAD                             | FECHA      |
| 47   | 228.0 | Silvana Tancredi Garcia        | Sideropolis Madrid           | Chiva (Valencia)                      | 26/6/2022  |
| 52   | 210.0 | Silvana Tancredi García        | Agrup. Dep. Sideropolis      | León                                  | 13/7/2019  |
| 57   |       |                                |                              |                                       |            |
| 63   | 245.0 | Lourdes Padilla Escuela        | FUERZA GUANCHE Canaria:      | Oulu, Finlandia                       | 23/2/2026  |
| 69   |       |                                |                              |                                       |            |
| 72   |       |                                |                              |                                       |            |
| 76   |       |                                |                              |                                       |            |
| 84   |       |                                |                              |                                       |            |
| +84  |       |                                |                              |                                       |            |
| CAT. | TOTAL | MASTER IV (+70)                | CLUB                         | LOCALIDAD                             | FECHA      |
| 47   |       |                                |                              |                                       |            |
| 52   |       |                                |                              |                                       |            |
| 57   |       |                                |                              |                                       |            |
| 63   | 152.0 | Miguelina Padrón Herrera       | FUERZA GUANCHE Canaria:      | Narón, A Coruña                       | 8/4/2026   |
| 69   |       |                                |                              |                                       |            |
| 72   |       |                                |                              |                                       |            |
| 76   | 204.0 | Consuelo Domenech Sempere      | FUERZA ISABEL ATLAS Chi      | Narón, A Coruña                       | 8/4/2026   |
| 84   |       |                                |                              |                                       |            |
| +84  |       |                                |                              |                                       |            |

| CAT. | PBMU  | ABSOLUTO                      | CLUB                          | LOCALIDAD                      | FECHA      |
|------|-------|-------------------------------|-------------------------------|--------------------------------|------------|
| 47   | 77.5  | Paula Santos Mediavilla       | Canary Strength               | Boecillo, Valladolid           | 18/5/2025  |
| 52   | 97.5  | Loida Zabala Ollero           | Berserkers Madrid             | Merignac (Francia)             | 10/8/2018  |
| 57   | 100.5 | Leire Ormaetxea Prieto        | SPARTA Murcia                 | Las Torres de Cotillas, Murcia | 8/7/2026   |
| 63   | 120.0 | Elsa Prandi Merino            | Specific Strength Madrid      | San Jose, Costa Rica           | 8/7/2026   |
| 69   | 117.5 | Milena Salichs Cotrina        | MOONSTONE BARBELL Sat         | Las Torres de Cotillas, Murcia | 8/7/2026   |
| 72   | 97.5  | Eva Vico Martínez             | Basic Strength Cadiz          | Kaunas (Lituania)              | 2/12/2019  |
| 76   | 122.5 | Sara Sanchez-Manjervas Ruiz   | Altea-Finestrat-L'Alfas       | Druskininkai, LITUANIA         | 23/6/2024  |
| 84   | 112.5 | Montse Alcoba Membrilla       | Peses Terrassa                | Chiva (Valencia)               | 25/6/2022  |
| +84  | 102.5 | Carla Hernández Aguilar       | STB Strength Barcelona        | Ferrol, A Coruña               | 19/5/2024  |
| CAT. | PBMU  | SUBJUNIOR (-18)               | CLUB                          | LOCALIDAD                      | FECHA      |
| 43   | 50.0  | Yaiza Calvo Bermudez          | Rival Powerlifting Barcelona  | San Jose, Costa Rica           | 5/9/2025   |
| 47   | 65.0  | Paula Santos Mediavilla       | Canary Strength               | Baza (Granada)                 | 24/9/2023  |
| 52   | 76.5  | Lucia Bernabeu Gomez          | Sparta Murcia                 | Baza (Granada)                 | 24/9/2023  |
| 57   | 80.0  | Alexandra Frago Kurchak       | Gimansio Crom Madrid          | Baza (Granada)                 | 24/9/2023  |
| 63   | 113.0 | Alexandra Frago Kurchak       | GIMNASIO CROM Madrid          | San Jose, Costa Rica           | 5/9/2025   |
| 69   | 92.5  | María Ibañez Martín           | Valkyria PT Valladolid        | San Jose, Costa Rica           | 5/9/2025   |
| 72   | 75.0  | Neus Blázquez Martín          | Power Castilla                | Albacete                       | 17/11/2018 |
| 76   | 93.0  | Sofía Herrero Jimenez         | Powerlifting Alcobendas       | Ferrol, A Coruña               | 29/6/2025  |
| 84   | 70.0  | Alma Cordoba Priego           | Unity Force Tarragona         | Baza (Granada)                 | 24/9/2023  |
| +84  | 102.5 | Julia Talaver Gamez           | Forca Laiesken Barcelona      | San Jose, Costa Rica           | 5/9/2025   |
| CAT. | PBMU  | JUNIOR (-23)                  | CLUB                          | LOCALIDAD                      | FECHA      |
| 43   | 52.5  | Elisa Albers Galindo          | Efficient Strength Almería    | St. Paul's Bay, MALTA          | 8/9/2024   |
| 47   | 77.5  | Paula Santos Mediavilla       | Canary Strength               | Boecillo, Valladolid           | 18/5/2025  |
| 52   | 87.5  | Lucia Bernabeu Gomez          | GR Strength Torrent Valencia  | Chipiona, Cádiz                | 5/4/2025   |
| 57   | 100.5 | Leire Ormaetxea Prieto        | SPARTA Murcia                 | Las Torres de Cotillas, Murcia | 8/7/2026   |
| 63   | 120.0 | Elsa Prandi Merino            | Specific Strength Madrid      | San Jose, Costa Rica           | 5/9/2025   |
| 69   | 117.5 | Milena Salichs Cotrina        | MOONSTONE BARBELL Sat         | Las Torres de Cotillas, Murcia | 8/7/2026   |
| 72   | 97.5  | Eva Vico Martínez             | Basic Strength Cadiz          | Kaunas (Lituania)              | 2/12/2019  |
| 76   | 100.0 | Florine Tourenne              | Sparta Murcia                 | Ibi (Alicante)                 | 1/10/2023  |
| 84   | 102.5 | Carla Sánchez Jorge           | Atenea Powerlifting Barcelona | Boecillo, Valladolid           | 18/5/2025  |
| +84  | 102.5 | Carla Hernández Aguilar       | STB Strength Barcelona        | Ferrol, A Coruña               | 19/5/2024  |
| CAT. | PBMU  | MASTER I (+40)                | CLUB                          | LOCALIDAD                      | FECHA      |
| 47   | 62.5  | Beatriz Cano Torres           | Fed. Catalana                 | Medina Del Campo (Valladolid)  | 25/6/2016  |
| 52   | 64.0  | Marta Rincon Fernandez        | Crossfit Salamanca            | Chiva (Valencia)               | 26/6/2022  |
| 57   | 92.5  | Zoraida Bermúdez Doce         | Fénix Galicia Power           | Málaga, ESPAÑA                 | 18/2/2024  |
| 63   | 93.0  | Zoraida Bermudez Doce         | Fénix Galicia Power           | Chiva, Valencia                | 3/6/2023   |
| 69   | 97.5  | Amanda Planas Domínguez       | Energy Alhaurín               | Málaga, ESPAÑA                 | 18/2/2024  |
| 72   | 95.5  | Amanda Planas Domínguez       | Energy Alhaurín               | Chiva (Valencia)               | 5/10/2018  |
| 76   | 87.5  | Isabel Vazquez Gonzalez       | ÉLITE BOLLULLOS               | Chiva, Valencia                | 26/10/2024 |
| 84   | 112.5 | Montse Alcoba Membrilla       | Peses Terrassa                | Chiva (Valencia)               | 25/6/2022  |
| +84  | 93.0  | Mila Cuevas Mulero            | FG Power Alhaurín             | Huerca-Overa, Almería          | 13/7/2024  |
| CAT. | PBMU  | MASTER II (+50)               | CLUB                          | LOCALIDAD                      | FECHA      |
| 47   | 62.5  | Beatriz Cano Torres           | Fed. Catalana                 | Medina Del Campo (Valladolid)  | 25/6/2016  |
| 52   | 60.0  | Beatriz Cano Torres           | Fed. Catalana                 | Villajoyosa (Alicante)         | 25/4/2015  |
| 57   | 60.0  | Elena de la Esperanza Encinar | Villamantilla Madrid          | Chiva (Valencia)               | 7/12/2019  |
| 63   | 78.0  | Remedios Martínez Iborra      | GR STRENGTH Valencia          | Narón, A Coruña                | 8/7/2026   |
| 69   | 75.0  | Remedios Martinez Iborra      | Fuerza Guanche Canarias       | Chiva, Valencia                | 3/6/2023   |
| 72   | 75.0  | Isabel García Martínez        | Fuerza Isabel Elche           | Madrid                         | 24/6/2017  |
| 76   | 72.5  | María Mercedes Mejías Tenes   | Club Powerlifting Madrid      | Valetta, Malta                 | 14/1/2025  |
| 84   | 92.5  | Milá Cuevas Mulero            | FG Power Alhaurín             | Málaga, ESPAÑA                 | 18/2/2024  |
| +84  | 93.0  | Mila Cuevas Mulero            | FG Power Alhaurín             | Huerca-Overa, Almería          | 13/7/2024  |
| CAT. | PBMU  | MASTER III (+60)              | CLUB                          | LOCALIDAD                      | FECHA      |
| 47   | 45.0  | Silvana Tancredi García       | Agrup. Dep. Sideropolis       | Chiva (Valencia)               | 27/6/2021  |
| 52   | 42.5  | Silvana Tancredi García       | Agrup. Dep. Sideropolis       | León                           | 13/7/2019  |
| 57   |       |                               |                               |                                |            |
| 63   | 47.5  | Lourdes Padilla Escuela       | FUERZA GUANCHE Canaria        | Oulu, Finlandia                | 23/2/2026  |
| 69   | 27.5  | Miguelina Padron Herrera      | Eduardo Rallo Madrid          | Baza (Granada)                 | 6/11/2022  |
| 72   |       |                               |                               |                                |            |
| 76   |       |                               |                               |                                |            |
| 84   |       |                               |                               |                                |            |
| +84  |       |                               |                               |                                |            |
| CAT. | PBMU  | MASTER IV (+70)               | CLUB                          | LOCALIDAD                      | FECHA      |
| 47   |       |                               |                               |                                |            |
| 52   |       |                               |                               |                                |            |
| 57   |       |                               |                               |                                |            |
| 63   | 34.0  | Miguelina Padrón Herrera      | FUERZA GUANCHE Canaria        | Narón, A Coruña                | 8/4/2026   |
| 69   | 27.5  | Miguelina Padron Herrera      | Fuerza Guanche Canarias       | Baza (Granada)                 | 6/11/2022  |
| 72   |       |                               |                               |                                |            |
| 76   | 38.0  | Consuelo Domenech Sempere     | FUERZA ISABEL ATLAS Chi       | Narón, A Coruña                | 8/4/2026   |
| 84   |       |                               |                               |                                |            |
| +84  |       |                               |                               |                                |            |

| CAT. | PMMU  | ABSOLUTO                      | CLUB                                                   | LOCALIDAD                             | FECHA      |
|------|-------|-------------------------------|--------------------------------------------------------|---------------------------------------|------------|
| 47   | 155.0 | Ana Lores Fernández           | DT Power Madrid                                        | Velika Gorica, CROACIA                | 17/3/2024  |
| 52   | 188.0 | Alejandra Aguilera García     | Depornixar Almería                                     | Alhaurín de la Torre (Málaga), ESPAÑA | 29/9/2024  |
| 57   | 205.0 | Maiara Da Silva Dias          | Gimansio Crom Madrid                                   | St. Julians, MALTA                    | 18/6/2023  |
| 63   | 220.5 | Inmaculada Soto Ruíz          | LIFT AMBITION Granada                                  | Bollulos de la Mitación               | 19/10/2025 |
| 69   | 215.5 | Inmaculada Soto Ruíz          | Lift Ambition Granada                                  | Chipiona, Cádiz                       | 5/4/2025   |
| 72   | 186.0 | Isabel Blecua Malak Amira     | Federación Catalana                                    | Bollulos Par del Condado, Huelva      | 6/10/2019  |
| 76   | 227.5 | Sara Sánchez-Manjavas Ruíz    | Altea-Finestrat-L'Alfas                                | Tartu, ESTONIA                        | 9/12/2023  |
| 84   | 227.5 | Rosa Erimo Sabadell           | RV STRENGTH Huelva                                     | St.Julians, Malta                     | 8/7/2026   |
| +84  | 213.0 | Richis Omoruyi Omoruyi        | IZARRA POWERLIFTING Biz Las Torres de Cotillas, Murcia |                                       | 8/7/2026   |
| CAT. | PMMU  | SUBJUNIOR (-18)               | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 43   | 110.0 | Yaiza Calvo Bermudez          | Rival Powerlifting Barcelona                           | Boecillo, Valladolid                  | 18/5/2025  |
| 47   | 130.5 | Amanda Tendero Palazón        | ZB BARBELL Ciudad Real                                 | Humilladero, Málaga                   | 8/7/2026   |
| 52   | 156.0 | Andrea Carmona Pérez          | SOUTH POWER Sevilla                                    | Humilladero, Málaga                   | 8/4/2026   |
| 57   | 160.5 | María Reise Tur               | GR Strength Torrent                                    | Ferrol, A Coruña                      | 29/6/2025  |
| 63   | 196.5 | Alexandra Fragoso Kurchak     | GIMNASIO CROM Madrid                                   | Druskininkai, Lithuania               | 14/1/2025  |
| 69   | 175.0 | María Ibañez Martín           | Valkyria PT Valladolid                                 | San Jose, Costa Rica                  | 5/9/2025   |
| 72   | 155.0 | Neus Blázquez Martín          | Power Castilla                                         | Albacete                              | 18/11/2018 |
| 76   | 166.0 | Emma Hassan Trujillo          | FUERZA GUANCHE Canaria: Ferrol, A Coruña               |                                       | 29/6/2025  |
| 84   | 164.5 | Alexandra Munoz-Torrero Brown | ZB Barbell Ciudad Real                                 | Baza (Granada)                        | 24/9/2023  |
| +84  | 175.0 | Júlia Talavera Gómez          | FORÇA LAIESKEN Barcelona: Druskininkai, Lithuania      |                                       | 14/1/2025  |
| CAT. | PMMU  | JUNIOR (-23)                  | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 43   | 130.0 | Elisa Albers Galindo          | Efficient Strength Almería                             | Boecillo, Valladolid                  | 18/5/2025  |
| 47   | 150.5 | Paula Santos Mediavilla       | Canary Strength                                        | Boecillo, Valladolid                  | 18/5/2025  |
| 52   | 167.5 | Nayma Larrosa Cintas          | Fuerza Isabel Atlas Chiva                              | Ibi (Alicante)                        | 1/10/2023  |
| 57   | 195.0 | Maiara Da Silva Dias          | Crom Madrid                                            | Ibi (Alicante)                        | 3/4/2022   |
| 63   | 210.0 | Inmaculada Soto Ruiz          | Lift Ambition Granada                                  | Cluj Napoca, RUMANIA                  | 3/9/2023   |
| 69   | 215.0 | Milena Salichs Cotrina        | MOONSTONE BARBELL Sat Las Torres de Cotillas, Murcia   |                                       | 8/7/2026   |
| 72   | 186.0 | Isabel Blecua Malak Amira     | Federación Catalana                                    | Bollulos Par del Condado, Huelva      | 6/10/2019  |
| 76   | 215.0 | Sara Sánchez-Manjavacas Ruíz  | Iron Team Elche                                        | Carranque (Toledo)                    | 13/11/2021 |
| 84   | 225.0 | Carla Sánchez Jorge           | ATENEA POWERLIFTING B: Druskininkai, Lithuania         |                                       | 14/1/2025  |
| +84  | 213.0 | Richis Omoruyi Omoruyi        | IZARRA POWERLIFTING Biz Las Torres de Cotillas, Murcia |                                       | 8/7/2026   |
| CAT. | PMMU  | MASTER I (+40)                | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 47   | 130.0 | Marta Fernandez Ramirez       | Powerlifting Salamanca                                 | Albi (Francia)                        | 16/2/2025  |
| 52   | 175.0 | Paz López Carrasco            | VILLA POWERLIFTING Madr                                | Bollulos de la Mitación               | 19/10/2025 |
| 57   | 160.5 | Zoraida Bermudez Doce         | Fénix Galicia Power                                    | Almensilla (Sevilla)                  | 22/10/2023 |
| 63   | 166.0 | Zoraida Bermudez Doce         | Fénix Galicia Power                                    | Chiva, Valencia                       | 3/6/2023   |
| 69   | 187.5 | Amanda Planas Domínguez       | Energy Alhaurín                                        | Almensilla (Sevilla)                  | 22/10/2023 |
| 72   | 185.5 | Amanda Planas Domínguez       | Energy Alhaurín                                        | Chiva (Valencia)                      | 5/10/2018  |
| 76   | 187.5 | Abigail Marrero               | Fuerza Guanche Canarias                                | Albi (Francia)                        | 16/2/2025  |
| 84   | 217.5 | Milá Cuevas Mulero            | FG Power Alhaurín                                      | Málaga, ESPAÑA                        | 18/2/2024  |
| +84  | 205.5 | Mila Cuevas Mulero            | FG Power Alhaurín                                      | Chiva, Valencia                       | 26/10/2024 |
| CAT. | PMMU  | MASTER II (+50)               | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 47   | 107.5 | Ana Sternfeld Buraya          | Agrup. Dep. Sideropolis                                | Gyor (Hungria)                        | 5/3/2019   |
| 52   | 117.5 | María Jesús Marcianes Fraile  | SIDEROPOLIS Madrid                                     | Narón, A Coruña                       | 8/7/2026   |
| 57   | 155.0 | Noelia Aliste Sánchez         | Federación Catalana                                    | Málaga, ESPAÑA                        | 18/2/2024  |
| 63   | 151.0 | Marta Moratinos Cuadra        | ASENSIO POWERLIFTING v Narón, A Coruña                 |                                       | 8/4/2026   |
| 69   | 168.0 | Raquel Martín Tomas           | POWERLIFTING SALAMANC                                  | Narón, A Coruña                       | 8/4/2026   |
| 72   | 150.0 | Isabel García Martínez        | Fuerza Isabel Elche                                    | Finestrat (Alicante)                  | 21/5/2016  |
| 76   | 145.0 | Montse Ramos Vila             | Federación Catalana                                    | Chiva, Valencia                       | 3/6/2023   |
| 84   | 217.5 | Milá Cuevas Mulero            | FG Power Alhaurín                                      | Málaga, ESPAÑA                        | 18/2/2024  |
| +84  | 205.5 | Mila Cuevas Mulero            | FG Power Alhaurín                                      | Chiva, Valencia                       | 26/10/2024 |
| CAT. | PMMU  | MASTER III (+60)              | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 47   | 107.5 | Silvana Tancredi García       | SIDEROPOLIS Madrid                                     | Almensilla, Sevilla                   | 22/6/2025  |
| 52   | 92.5  | Silvana Tancredi García       | Agrup. Dep. Sideropolis                                | León                                  | 13/7/2019  |
| 57   |       |                               |                                                        |                                       |            |
| 63   | 116.0 | Lourdes Padilla Escuela       | FUERZA GUANCHE Canaria: Narón, A Coruña                |                                       | 8/4/2026   |
| 69   |       |                               |                                                        |                                       |            |
| 72   |       |                               |                                                        |                                       |            |
| 76   |       |                               |                                                        |                                       |            |
| 84   |       |                               |                                                        |                                       |            |
| +84  |       |                               |                                                        |                                       |            |
| CAT. | PMMU  | MASTER IV (+70)               | CLUB                                                   | LOCALIDAD                             | FECHA      |
| 47   |       |                               |                                                        |                                       |            |
| 52   |       |                               |                                                        |                                       |            |
| 57   |       |                               |                                                        |                                       |            |
| 63   | 67.5  | Miguelina Padrón Herrera      | FUERZA GUANCHE Canaria: Narón, A Coruña                |                                       | 8/4/2026   |
| 69   |       |                               |                                                        |                                       |            |
| 72   |       |                               |                                                        |                                       |            |
| 76   | 95.5  | Consuelo Domenech Sempere     | FUERZA ISABEL ATLAS Chi: Narón, A Coruña               |                                       | 8/4/2026   |
| 84   |       |                               |                                                        |                                       |            |
| +84  |       |                               |                                                        |                                       |            |