ASOCIACION ESPANOLA DE POWERLIFTING

AEP 2 – I Open Reino de Toledo

AEP 2 - Regional Zona Centro y Madrid

El Viso de San Juan (Toledo) 24 de octubre de 2026

Rev. 26/10/2026

MUJERES POWERLIFTING RAW

Cat.	Pos.	LEVANTADORA	AÑO	CLUB	PESO	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
52	1	Liu Huiqi	2000	SOY POWERLIFTER Madrid	51.51	110	87.5	95.0	-100.0	-55.0	55.0	-60.0	115.0	125.0	130.0	**280**	**71.280**
57	1	Baliña Ben Lucia	1998	INTEND POWER Madrid	55.21	117	112.5	117.5	120.0	60.0	62.5	-65.0	145.0	155.0	157.5	**340**	**81.730**
57	2	Lopesino Espinosa Patricia	2002	BLACK CROWN POWERLIFTING Madrid	54.05	118	112.5	117.5	120.0	62.5	65.0	67.5	130.0	140.0	145.0	**332.5**	**81.290**
57	3	Martinez Olivares Elena	2004	DANIGPOWER Madrid	56.25	114	-105.0	105.0	-110.0	75.0	-80.0	80.0	127.5	137.5	145.0	**330**	**78.190**
63	1	Gonzalez Yepez Maria Jose	1994	SOY POWERLIFTER Madrid	62.62	111	125.0	130.0	135.0	52.5	55.0	57.5	130.0	137.5	142.5	**335**	**73.580**
63	2	Lopez Cacenave Noelia	2004	POWERLIFTING EXTREMADURA	62.56	113	120.0	127.5	-132.5	65.0	-67.5	-67.5	132.5	140.0	-147.5	**332.5**	**73.080**
63	3	Moreno Gomez Virginia	2001	BERSERKERS Toledo	62.78	115	110.0	117.5	-122.5	55.0	-57.5	57.5	130.0	137.5	-147.5	**312.5**	**68.520**
63	4	Ros Gonzalez Rosa Maria	2001	ATPOWER TEAM Madrid	62.53	112	95.0	102.5	110.0	55.0	57.5	-60.0	115.0	122.5	130.0	**297.5**	**65.400**
63	5	Aguayo Galan Sofia	2008	POWERLIFTING MADRID	61.96	116	100.0	107.5	117.5	45.0	50.0	-52.5	115.0	125.0	-127.5	**292.5**	**64.690**
69	1	Jimenez Lobaton Carmen	1997	RISING POWER Alcala de Henares	68.52	210	120.0	130.0	140.0	60.0	62.5		152.5	165.0	180.0	**382.5**	**79.550**
69	2	Lorente Mejia Denise	2005	DANIGPOWER Madrid	68.25	215	117.5	127.5	132.5	72.5	-77.5	-77.5	140.0	-155.0	-155.0	**345**	**71.910**
69	3	Mora Maria Valentina	1996	MIKEBARBELL Madrid	68.35	219	102.5	110.0	115.0	57.5	62.5	-65.0	125.0	132.5	137.5	**315**	**65.610**
69	4	Pintado Higueras Natalia	1995	RISING POWER Alcala de Henares	67.87	218	92.5	102.5	-107.5	62.5	65.0	-67.5	130.0	142.5	-150.0	**310**	**64.820**
84+	1	Lara Lorenzo Tania	1985	BERSERKERS Toledo	100.48	217	135.0	-150.0	-150.0	75.0	80.0	-82.5	140.0	150.0	155.0	**370**	**65.900**
84+	2	Aleman Quinde Suhanny	1992	SIDEROPOLIS Madrid	114.72	212	140.0	150.0	157.5	57.5	62.5	65.0	130.0	140.0	145.0	**367.5**	**63.510**
84+	3	Delgado Rodriguez Maria	1990	BERSERKERS Toledo	96.91	211	120.0	-127.5	127.5	40.0			150.0	162.5	-170.0	**330**	**59.370**

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
1	Baliña Ben Lucia	1998	INTEND POWER Madrid	55.21	57	**340**	**81.730**	1
2	Lopesino Espinosa Patricia	2002	BLACK CROWN POWERLIFTING Madrid	54.05	57	**332.5**	**81.290**	2
3	Jimenez Lobaton Carmen	1997	RISING POWER Alcala de Henares	68.52	69	**382.5**	**79.550**	1
4	Martinez Olivares Elena	2004	DANIGPOWER Madrid	56.25	57	**330**	**78.190**	3
5	Gonzalez Yepez Maria Jose	1994	SOY POWERLIFTER Madrid	62.62	63	**335**	**73.580**	1
6	Lopez Cacenave Noelia	2004	POWERLIFTING EXTREMADURA	62.56	63	**332.5**	**73.080**	2
7	Lorente Mejia Denise	2005	DANIGPOWER Madrid	68.25	69	**345**	**71.910**	2
8	Liu Huiqi	2000	SOY POWERLIFTER Madrid	51.51	52	**280**	**71.280**	1
9	Moreno Gomez Virginia	2001	BERSERKERS Toledo	62.78	63	**312.5**	**68.520**	3
10	Lara Lorenzo Tania	1985	BERSERKERS Toledo	100.48	84+	**370**	**65.900**	1
11	Mora Maria Valentina	1996	MIKEBARBELL Madrid	68.35	69	**315**	**65.610**	3
12	Ros Gonzalez Rosa Maria	2001	ATPOWER TEAM Madrid	62.53	63	**297.5**	**65.400**	4
13	Pintado Higueras Natalia	1995	RISING POWER Alcala de Henares	67.87	69	**310**	**64.820**	4
14	Aguayo Galan Sofia	2008	POWERLIFTING MADRID	61.96	63	**292.5**	**64.690**	5
15	Aleman Quinde Suhanny	1992	SIDEROPOLIS Madrid	114.72	84+	**367.5**	**63.510**	2
16	Delgado Rodriguez Maria	1990	BERSERKERS Toledo	96.91	84+	**330**	**59.370**	3

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

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HOMBRES POWERLIFTING RAW

Cat.	Pos.	LEVANTADORA	AÑO	CLUB	PESO	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
66	1	Molina Tobar Juan Camilo	2007	EDUARDO RALLO Madrid	65.32	220	175.00	187.50	-195.00	137.50	145.00	-147.50	205.00	217.50	225.00	**557.5**	**87.380**
66	2	Carbonell Fernandez Jose Vicente	2008	BERSERKERS Toledo	65.84	216	182.50	-190.00	-190.00	102.50	107.50	112.50	170.00	185.00	200.00	**495**	**77.260**
66	3	Armendariz Martin Javier	2004	INTEND POWER Madrid	65.86	214	-165.00	165.00	-170.00	97.50	102.50	105.00	170.00	182.50	192.50	**462.5**	**72.180**
66	4	Ortiz Soriano Carlos	2005	POWERLIFTING ALBACETE	66	213	172.50	-182.50		102.50	107.50	-110.00	180.00	-192.50	-192.50	**460**	**71.710**
74	1	De Alba Rodriguez Rafael	2006	GIMNASIO CROM Madrid	73.53	515	222.50	235.00	240.00	122.50	130.00	-132.50	222.50	237.50	-250.00	**607.5**	**89.480**
74	2	El Aichi Ghamazi Ismael	2004	POWERLIFTING TOLEDO	72.4	514	190.00	202.50	210.00	100.00	105.00	107.50	220.00	232.50	240.00	**557.5**	**82.790**
74	3	De Las Heras Prieto Alberto	2004	BERSERKERS Toledo	72.8	516	180.00	190.00	205.00	130.00	140.00	-142.50	-190.00	190.00	212.50	**557.5**	**82.540**
74	4	Zamora Mendoza Renato Santos	1997	STRENGTH CAPITAL Madrid	72.41	616	175.00	185.00	192.50	115.00	120.00	125.00	207.50	220.00	232.50	**550**	**81.660**
74	5	Arangueren Berbegal Pablo	2010	RISING POWER Alcala de Henares	71.98	512	167.50	177.50	187.50	125.00	-132.50	-132.50	190.00	205.00	220.00	**532.5**	**79.310**
74	6	Sanchez Martin Marc	2009	BERSERKERS Toledo	68.23	513	150.00	160.00	170.00	120.00	125.00	127.50	195.00	210.00	220.00	**517.5**	**79.270**
74	7	Carrasco Medina Juan Carlos	2000	OVERSIZE STRENGTH CLUB Madrid	70.93	519	175.00	-190.00	192.50	92.50	100.00	-105.00	205.00	225.00	-240.00	**517.5**	**77.670**
74	DQ	Saiz Herrador Ismael	2002	BERSERKERS Toledo	69.3	510	-160.00	-165.00	-165.00	115.00	-120.00	-120.00	200.00	212.50	222.50		
83	1	Malagon Herrera Daniel	2002	INSANE POWERLIFTING CIUDAD REAL	81.36	621	220.00	230.00	242.50	-122.50	122.50	125.00	230.00	245.00	255.00	**622.5**	**87.050**
83	2	Grau Herruzo Javier	2004	RISING POWER Alcala de Henares	78.84	612	202.50	217.50	230.00	122.50	127.50	130.00	225.00	245.00	260.00	**620**	**88.100**
83	3	Canas Fernandez Daniel	1997	MIKEBARBELL Madrid	80.91	618	202.50	217.50	225.00	130.00	137.50	145.00	230.00	242.50	250.00	**620**	**86.940**
83	4	Aviles Intriago Ruben Dario	1993	EXITO28 Madrid	80.65	614	190.00	202.50	210.00	150.00	157.50	165.00	220.00	232.50	240.00	**615**	**86.380**
83	5	Ramirez Alarcon Antonio	2005	INSANE POWERLIFTING CIUDAD REAL	81.64	619	195.00	205.00	-215.00	165.00	-170.00	170.00	220.00	230.00	240.00	**615**	**85.850**
83	6	Madlang-Awa Mark	2004	MIKEBARBELL Madrid	82.01	617	197.50	212.50	220.00	107.50	115.00	120.00	235.00	247.50	260.00	**600**	**83.560**
83	7	Zambrana Acevedo Imanol	2002	WORK & FAITH Madrid	82.56	610	220.00	-235.00	-235.00	130.00	-135.00	-135.00	230.00	250.00	-267.50	**600**	**83.280**
83	8	Rosu Barbandeal Adrian Mihai	1996	VENDETTA POWERLIFTING Madrid	81.48	613	180.00	190.00	200.00	115.00	120.00	125.00	215.00	232.50	-245.00	**557.5**	**77.900**
83	9	Maroto Blanco Ian	2003	STRENGTH CAPITAL Madrid	78.9	615	195.00	205.00	215.00	110.00	115.00	120.00	200.00	210.00	220.00	**555**	**78.830**
83	10	Gavira Sanchez Alberto	2005	RISING POWER Alcala de Henares	79.86	620	195.00	205.00	215.00	110.00	115.00	-120.00	210.00	225.00	-250.00	**555**	**78.350**
83	11	Fernandez Otavalo Adrian Josue	2004	STRENGTH CAPITAL Madrid	82.5	511	170.00	182.50	192.50	115.00	122.50	125.00	200.00	215.00	225.00	**542.5**	**75.330**
83	12	Moreno Sancho Cesar	2006	EDUARDO RALLO Madrid	82.53	517	180.00	187.50	192.50	100.00	-105.00	107.50	220.00	240.00	-245.00	**540**	**74.970**
83	13	Carmona Paredes William Ricardo	2006	GIMNASIO CROM Madrid	82.16	520	175.00	187.50	-200.00	130.00	140.00	150.00	180.00	195.00	-205.00	**532.5**	**74.090**
83	14	Lens Lopez Santiago Javier	1996	VENDETTA POWERLIFTING Madrid	82.67	611	190.00	200.00	205.00	-95.00	95.00	-100.00	210.00	-220.00	220.00	**520**	**72.130**
93	1	Iman Jones Scott	1997	POWERLIFTING MADRID	89.84	319	185.00	200.00	215.00	160.00	-167.50	167.50	250.00	265.00	275.00	**657.5**	**87.490**
93	2	El Mrabet Bahae-Eddine	2005	STRENGTH CAPITAL Madrid	88.65	316	217.50	230.00	240.00	122.50	-132.50	-132.50	235.00	250.00	270.00	**632.5**	**84.720**
93	3	Gonzalez Casanueva Luis Daniel	1990	POWERLIFTING MADRID	91.82	320	225.00	-235.00	-235.00	145.00	-155.00	155.00	235.00	245.00	252.50	**632.5**	**83.260**
93	4	Puentes Martin Marcos	2006	EDUARDO RALLO Madrid	92.75	317	230.00	247.50	-255.00	112.50	120.00	125.00	245.00	257.50	-262.50	**630**	**82.530**
93	5	Remedios Maldonado Naim	2005	POWERLIFTING EXTREMADURA	91.16	310	210.00	225.00	235.00	120.00	127.50	132.50	230.00	245.00	260.00	**627.5**	**82.900**
93	6	Velez Reina Jahir	2004	INTEND POWER Madrid	90.8	318	215.00	-225.00	230.00	132.50	140.00	147.50	210.00	230.00	-240.00	**607.5**	**80.420**
93	7	General Alfonso Lucas	2003	EDUARDO RALLO Madrid	92.4	314	190.00	200.00	205.00	-140.00	140.00	142.50	240.00	260.00	-282.50	**607.5**	**79.730**
93	8	Rodrigo Madrigal Jose Luis	1983	POWERLIFTING ALBACETE	91.77	315	172.50	182.50	190.00	132.50	137.50	142.50	235.00	247.50	252.50	**585**	**77.030**
93	9	Fernandez Martinez Jesus	1997	LEONES HAKENOS Madrid	92.54	313	200.00	-220.00	220.00	110.00	122.50	127.50	210.00	227.50	235.00	**582.5**	**76.390**
93	10	Gonzalez Sancho Ian	2008	ENTRENA INTENSO Madrid	91.7	312	210.00	-220.00	230.00	112.50	-120.00	120.00	220.00	-235.00	-250.00	**570**	**75.080**
93	11	Domingo Vargas Juan	2007	BERSERKERS Toledo	87.52	311	187.50	200.00	-210.00	132.50	137.50	-142.50	230.00	-242.50	-242.50	**567.5**	**76.500**
105	1	Martinez Martinez Ignacio	2002	POWERLIFTING MADRID	97.84	416	-245.00	-245.00	245.00	145.00	152.50	-157.50	255.00	265.00	-275.00	**662.5**	**84.570**
105	2	Iglesias Francia Alberto	1987	POWERLIFTING EXTREMADURA	102.43	418	210.00	227.50	237.50	140.00	150.00	-157.50	220.00	240.00	-255.00	**627.5**	**78.380**
105	3	Serrano Perez Alvaro	2000	INTEND POWER Madrid	104.38	417	205.00	220.00	-225.00	135.00	140.00	-142.50	220.00	240.00	-250.00	**600**	**74.280**
105	4	Sanchez Jimenez Joseu Enrique	2006	BERSERKERS Toledo	104.21	421	197.50	207.50	217.50	135.00	142.50	145.00	230.00	-245.00	-245.00	**592.5**	**73.410**
105	5	Cruz Rodriguez Jorge	2006	INTEND POWER Madrid	104.77	420	190.00	200.00	-205.00	127.50	132.50	-135.00	200.00	220.00	240.00	**572.5**	**70.760**
105	6	Aparicio Sanchez Alvaro	1995	SIDEROPOLIS Madrid	103.63	412	170.00	185.00	195.00	120.00	130.00	137.50	200.00	-215.00	220.00	**552.5**	**68.630**

120	1	Hernandez Maqueda Alejandro	2002	SOY POWERLIFTER Madrid	116.53	415	260.00	-272.50	-272.50	-162.50	162.50	170.00	285.00	300.00	-312.50	**730**	**85.960**
120	2	Sosa Valdivia Jose Miguel	2003	SOY POWERLIFTER Madrid	119.25	414	255.00	270.00	285.00	135.00	-140.00	145.00	250.00	270.00	290.00	**720**	**83.930**
120	3	Gutierrez Bermudez Ricardo	1995	RISING POWER Alcala de Henares	118.53	411	257.50	270.00	-280.00	145.00	150.00	152.50	260.00	275.00	285.00	**707.5**	**82.690**
120	4	Poveda Guerrero Jesus	1995	SIDEROPOLIS Madrid	115.85	410	235.00	-250.00	250.00	130.00	140.00	145.00	235.00	245.00	-255.00	**640**	**75.560**
120	5	Montejano Minguez Jose Fernando	1996	FUERZA LA FORJA Alcala de Henares	118.1	413	200.00	212.50	220.00	140.00	-145.00	-150.00	250.00	280.00	-300.00	**640**	**74.920**
120	6	Torres Cerrato Guillermo	1989	RISING POWER Alcala de Henares	115.55	419	200.00	212.50	220.00	120.00	125.00	127.50	240.00	260.00	275.00	**622.5**	**73.580**

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
1	De Alba Rodriguez Rafael	2006	GIMNASIO CROM Madrid	73.53	74	607.5	**89.480**	1
2	Grau Herruzo Javier	2004	RISING POWER Alcala de Henares	78.84	83	620	**88.100**	2
3	Iman Jones Scott	1997	POWERLIFTING MADRID	89.84	93	657.5	**87.490**	1
4	Molina Tobar Juan Camilo	2007	EDUARDO RALLO Madrid	65.32	66	557.5	**87.380**	1
5	Malagon Herrera Daniel	2002	INSANE POWERLIFTING CIUDAD REAL	81.36	83	622.5	**87.050**	1
6	Canas Fernandez Daniel	1997	MIKEBARBELL Madrid	80.91	83	620	**86.940**	3
7	Aviles Intriago Ruben Dario	1993	EXITO28 Madrid	80.65	83	615	**86.380**	4
8	Hernandez Maqueda Alejandro	2002	SOY POWERLIFTER Madrid	116.53	120	730	**85.960**	1
9	Ramirez Alarcon Antonio	2005	INSANE POWERLIFTING CIUDAD REAL	81.64	83	615	**85.850**	5
10	El Mrabet Bahae-Eddine	2005	STRENGTH CAPITAL Madrid	88.65	93	632.5	**84.720**	2
11	Martinez Martinez Ignacio	2002	POWERLIFTING MADRID	97.84	105	662.5	**84.570**	1
12	Sosa Valdivia Jose Miguel	2003	SOY POWERLIFTER Madrid	119.25	120	720	**83.930**	2
13	Madlang-Awa Mark	2004	MIKEBARBELL Madrid	82.01	83	600	**83.560**	6
14	Zambrana Acevedo Imanol	2002	WORK & FAITH Madrid	82.56	83	600	**83.280**	7
15	Gonzalez Casanueva Luis Daniel	1990	POWERLIFTING MADRID	91.82	93	632.5	**83.260**	3
16	Remedios Maldonado Naim	2005	POWERLIFTING EXTREMADURA	91.16	93	627.5	**82.900**	5
17	El Aichi Ghamazi Ismael	2004	POWERLIFTING TOLEDO	72.4	74	557.5	**82.790**	2
18	Gutierrez Bermudez Ricardo	1995	RISING POWER Alcala de Henares	118.53	120	707.5	**82.690**	3
19	De Las Heras Prieto Alberto	2004	BERSERKERS Toledo	72.8	74	557.5	**82.540**	3
20	Puentes Martin Marcos	2006	EDUARDO RALLO Madrid	92.75	93	630	**82.530**	4
21	Zamora Mendoza Renato Santos	1997	STRENGTH CAPITAL Madrid	72.41	74	550	**81.660**	4
22	Velez Reina Jahir	2004	INTEND POWER Madrid	90.8	93	607.5	**80.420**	6
23	General Alfonso Lucas	2003	EDUARDO RALLO Madrid	92.4	93	607.5	**79.730**	7
24	Arangueren Berbegal Pablo	2010	RISING POWER Alcala de Henares	71.98	74	532.5	**79.310**	5
25	Sanchez Martin Marc	2009	BERSERKERS Toledo	68.23	74	517.5	**79.270**	6
26	Maroto Blanco Ian	2003	STRENGTH CAPITAL Madrid	78.9	83	555	**78.830**	9
27	Iglesias Francia Alberto	1987	POWERLIFTING EXTREMADURA	102.43	105	627.5	**78.380**	2
28	Gavira Sanchez Alberto	2005	RISING POWER Alcala de Henares	79.86	83	555	**78.350**	10
29	Rosu Barbandeal Adrian Mihai	1996	VENDETTA POWERLIFTING Madrid	81.48	83	557.5	**77.900**	8
30	Carrasco Medina Juan Carlos	2000	OVERSIZE STRENGTH CLUB Madrid	70.93	74	517.5	**77.670**	7
31	Carbonell Fernandez Jose Vicente	2008	BERSERKERS Toledo	65.84	66	495	**77.260**	2
32	Rodrigo Madrigal Jose Luis	1983	POWERLIFTING ALBACETE	91.77	93	585	**77.030**	8
33	Domingo Vargas Juan	2007	BERSERKERS Toledo	87.52	93	567.5	**76.500**	11
34	Fernandez Martinez Jesus	1997	LEONES HAKENOS Madrid	92.54	93	582.5	**76.390**	9
35	Poveda Guerrero Jesus	1995	SIDEROPOLIS Madrid	115.85	120	640	**75.560**	4
36	Fernandez Otavalo Adrian Josue	2004	STRENGTH CAPITAL Madrid	82.5	83	542.5	**75.330**	11
37	Gonzalez Sancho Ian	2008	ENTRENA INTENSO Madrid	91.7	93	570	**75.080**	10
38	Moreno Sancho Cesar	2006	EDUARDO RALLO Madrid	82.53	83	540	**74.970**	12
39	Montejano Minguez Jose Fernando	1996	FUERZA LA FORJA Alcala de Henares	118.1	120	640	**74.920**	5
40	Serrano Perez Alvaro	2000	INTEND POWER Madrid	104.38	105	600	**74.280**	3
41	Carmona Paredes William Ricardo	2006	GIMNASIO CROM Madrid	82.16	83	532.5	**74.090**	13
42	Torres Cerrato Guillermo	1989	RISING POWER Alcala de Henares	115.55	120	622.5	**73.580**	6
43	Sanchez Jimenez Joseu Enrique	2006	BERSERKERS Toledo	104.21	105	592.5	**73.410**	4
44	Armendariz Martin Javier	2004	INTEND POWER Madrid	65.86	66	462.5	**72.180**	3
45	Lens Lopez Santiago Javier	1996	VENDETTA POWERLIFTING Madrid	82.67	83	520	**72.130**	14
46	Ortiz Soriano Carlos	2005	POWERLIFTING ALBACETE	66	66	460	**71.710**	4
47	Cruz Rodriguez Jorge	2006	INTEND POWER Madrid	104.77	105	572.5	**70.760**	5
48	Aparicio Sanchez Alvaro	1995	SIDEROPOLIS Madrid	103.63	105	552.5	**68.630**	6