ASOCIACION ESPANOLA DE POWERLIFTING

AEP 3 - V Campeonato Entrena Intenso

AEP-3 de iniciación de Zona Madrid y clubes invitados

14 de noviembre de 2026 Rivas Vaciamadrid (Madrid)

Rev. 17/11/2026

MUJERES POWERLIFTING RAW

Cat.	Pos.	LEVANTADORA	AÑO	CLUB	PESO	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
52	1	Ana Maria Castro Haro	2006	GIMNASIO CROM Madrid	51.45	117	92.5	100.0	-105.0	35.0	37.5	40.0	102.5	110.0	115.0	**255**	**64.980**
52	2	Mendez Hernandez Mariandrea	1998	VENDETTA POWERLIFTING Madrid	51.8	112	70.0	75.0	-80.0	50.0	52.5	55.0	90.0	97.5	-100.0	**227.5**	**57.640**
57	1	Sanroman Canelada Lucia	1995	INTEND POWER Madrid	56.55	114	100.0	105.0	110.0	40.0	42.5	45.0	105.0	110.0	115.0	**270**	**63.710**
57	2	Gomez Salgado Alexandra	1986	VENDETTA POWERLIFTING Madrid	55.3	111	52.5	57.5	60.0	40.0	42.5	-45.0	90.0	97.5	102.5	**205**	**49.220**
63	1	Moledo Uribe Ane	2003	STRENGTH CAPITAL Madrid	62.9	110	117.5	125.0	127.5	70.0	72.5	-75.0	125.0	135.0	-140.0	**335**	**73.370**
69	1	Perez Casado Nuria	2003	Strength Capital	64.9	115	97.5	105.0	112.5	65.0	70.0	-72.5	105.0	117.5	-120.0	**300**	**64.420**

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
1	Moledo Uribe Ane	2003	STRENGTH CAPITAL Madrid	62.9	63	**335**	**73.370**	1
2	Ana Maria Castro Haro	2006	GIMNASIO CROM Madrid	51.45	52	**255**	**64.980**	1
3	Perez Casado Nuria	2003	Strength Capital	64.9	69	**300**	**64.420**	1
4	Sanroman Canelada Lucia	1995	INTEND POWER Madrid	56.55	57	**270**	**63.710**	1
5	Mendez Hernandez Mariandrea	1998	VENDETTA POWERLIFTING Madrid	51.8	52	**227.5**	**57.640**	2
6	Gomez Salgado Alexandra	1986	VENDETTA POWERLIFTING Madrid	55.3	57	**205**	**49.220**	2

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING

AEP 3 - V Campeonato Entrena Intenso

AEP-3 de iniciación de Zona Madrid y clubes invitados

14 de noviembre de 2026 Rivas Vaciamadrid (Madrid)

Rev. 17/11/2026

HOMBRES POWERLIFTING RAW

Cat.	Pos.	LEVANTADORA	AÑO	CLUB	PESO	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
66	1	Claros Ulloa Andres Sebastian	2001	NOTHING HAPPENED CLUB Madrid	65.75	113	142.50	150.00	155.00	87.50	-92.50	92.50	160.00	175.00	187.50	**435**	**67.950**
66	2	Arteaga Daniel	2006	INTEND POWER Madrid	63.6	116	140.00	-145.00	145.00	95.00	100.00	-110.00	155.00	-165.00	170.00	**415**	**65.980**
74	1	Rodil Santos Orejon Carlos	2003	STRENGTH CAPITAL Madrid	71.95	213	165.00	175.00	185.00	105.00	115.00	122.50	190.00	202.50	-210.00	**510**	**75.980**
74	2	Orosa Sanchez Mario	2001	INTEND POWER Madrid	73.65	215	175.00	185.00	195.00	112.50	117.50	125.00	-170.00	180.00	-192.50	**500**	**73.590**
74	3	Garcia Sanchez Jaime	2003	EDUARDO RALLO Madrid	72.65	214	-160.00	160.00	-170.00	102.50	107.50	112.50	190.00	207.50	220.00	**492.5**	**73.000**
74	4	Estevez Fraile Jorge	2001	VENDETTA POWERLIFTING Madrid	72.05	216	150.00	155.00	160.00	125.00	-130.00	135.00	160.00	172.50	185.00	**480**	**71.450**
74	5	Caparros Rego Hermes Dimitri	2001	ABLAZE STRENGTH Madrid	72.65	211	145.00	160.00	172.50	92.50	102.50	110.00	150.00	167.50	177.50	**460**	**68.180**
74	6	Montiel Jimenez Pablo	2005	ALTERNATIVE RAW Huelva	73.1	217	140.00	152.50	-160.00	115.00	120.00	-122.50	165.00	175.00	-190.00	**447.5**	**66.120**
74	7	Delgado Urbano Luis Alejandro	2003	POWER VALHALLA Madrid	68.45	210	125.00	135.00	142.50	95.00	100.00	105.00	160.00	170.00	177.50	**425**	**64.990**
74	8	Colmenarejo Garcia Lorenzo	1970	VENDETTA POWERLIFTING Madrid	73.1	212	130.00	135.00	-140.00	82.50	85.00	-87.50	145.00	150.00	157.50	**377.5**	**55.770**
83	1	Vinueza Maquera Cristian	2005	WORK & FAITH Madrid	77.6	315	190.00	197.50	200.00	127.50	135.00	140.00	225.00	245.00	260.00	**600**	**85.950**
83	2	Benslimane Bignardi Omar	2005	ABLAZE STRENGTH Madrid	79.6	313	180.00	190.00	200.00	125.00	135.00	145.00	225.00	245.00	-262.50	**590**	**83.430**
83	3	Gil Garcia Brais	2006	EDUARDO RALLO Madrid	82.25	316	182.50	195.00	207.50	110.00	117.50	122.50	192.50	210.00	220.00	**550**	**76.480**
83	4	Caneiro Torres Jesus	1989	RAGNAROK Madrid	75.55	312	175.00	185.00	192.50	115.00	120.00	122.50	205.00	220.00	230.00	**545**	**79.160**
83	5	Cuenca Nieto Javier	1999	RAGNAROK Madrid	80.75	314	-180.00	185.00	-195.00	107.50	115.00	-117.50	207.50	225.00	235.00	**535**	**75.100**
83	6	Cutiño Miguel Javier	2001	SILENT CLUB Madrid	82.7	310	160.00	172.50	182.50	107.50	112.50	115.00	190.00	207.50	222.50	**520**	**72.110**
83	7	Muñoz Cemillan Alfonso	2001	LEONES HAKENOS Madrid	79.65	311	155.00	170.00	-180.00	90.00	-97.50	100.00	180.00	197.50	210.00	**480**	**67.850**
93	1	Lopez Alonso Alejandro	1998	ENTRENA INTENSO Madrid	91.2	418	220.00	230.00	-240.00	130.00	140.00	-150.00	215.00	230.00	-235.00	**600**	**79.250**
93	2	Martinez Correa Facundo Nahuel	1988	SOY POWERLIFTER Madrid	90.85	415	180.00	190.00	200.00	-92.50	97.50	102.50	225.00	237.50	-245.00	**540**	**71.460**
93	3	Delgado Fernandez Ivan	2002	SPECIFIC STRENGTH Madrid	91.5	417	157.50	170.00	180.00	107.50	115.00	120.00	190.00	205.00	220.00	**520**	**68.570**
93	4	Villamanca Mark James	1991	STRENGTH CAPITAL Madrid	85.6	414	157.50	165.00	170.00	-112.50	112.50	120.00	-177.50	177.50	200.00	**490**	**66.780**
93	5	Perez Moya Alvaro	2007	SOY POWERLIFTER Madrid	86.6	419	170.00	180.00	190.00	97.50	102.50	110.00	180.00	190.00	-200.00	**490**	**66.400**
105	1	Lorenzo Lopez Daniel	2004	FENIX GALICIA POWER	102.4	413	205.00	217.50	230.00	-132.50	-137.50	137.50	235.00	255.00	262.50	**630**	**78.700**
105	2	Cebolla Sanchez Francisco Javier	1995	OVERSIZE STRENGTH CLUB Madrid	101.8	416	200.00	-210.00	215.00	105.00	112.50	122.50	212.50	225.00	240.00	**577.5**	**72.340**
105	3	Sancho Solis Roberto	1990	VENDETTA POWERLIFTING Madrid	99.2	411	160.00	170.00	175.00	85.00	90.00	-95.00	187.50	-195.00	-200.00	**452.5**	**57.380**
93	1	Gutierrez Martin Pablo		LEONES HAKENOS Madrid	89.3	410				125.00	132.50	-140.00				**132.5**	**64.140**

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
	Vinueza Maquera Cristian	2005	WORK & FAITH Madrid	77.6	83	600	**85.950**	1
1	Benslimane Bignardi Omar	2005	ABLAZE STRENGTH Madrid	79.6	83	590	**83.430**	2
2	Lopez Alonso Alejandro	1998	ENTRENA INTENSO Madrid	91.2	93	600	**79.250**	1
3	Caneiro Torres Jesus	1989	RAGNAROK Madrid	75.55	83	545	**79.160**	4
4	Lorenzo Lopez Daniel	2004	FENIX GALICIA POWER	102.4	105	630	**78.700**	1
5	Gil Garcia Brais	2006	EDUARDO RALLO Madrid	82.25	83	550	**76.480**	3
6	Rodil Santos Orejon Carlos	2003	STRENGTH CAPITAL Madrid	71.95	74	510	**75.980**	1
7	Cuenca Nieto Javier	1999	RAGNAROK Madrid	80.75	83	535	**75.100**	5
8	Orosa Sanchez Mario	2001	INTEND POWER Madrid	73.65	74	500	**73.590**	2
9	Garcia Sanchez Jaime	2003	EDUARDO RALLO Madrid	72.65	74	492.5	**73.000**	3
10	Cebolla Sanchez Francisco Javier	1995	OVERSIZE STRENGTH CLUB Madrid	101.8	105	577.5	**72.340**	2
11	Cutiño Miguel Javier	2001	SILENT CLUB Madrid	82.7	83	520	**72.110**	6
12	Martinez Correa Facundo Nahuel	1988	SOY POWERLIFTER Madrid	90.85	93	540	**71.460**	2

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
13	Estevez Fraile Jorge	2001	VENDETTA POWERLIFTING Madrid	72.05	74	480	**71.450**	4
14	Delgado Fernandez Ivan	2002	SPECIFIC STRENGTH Madrid	91.5	93	520	**68.570**	3
15	Caparros Rego Hermes Dimitri	2001	ABLAZE STRENGTH Madrid	72.65	74	460	**68.180**	5
16	Claros Ulloa Andres Sebastian	2001	NOTHING HAPPENED CLUB Madrid	65.75	66	435	**67.950**	1
17	Muñoz Cemillan Alfonso	2001	LEONES HAKENOS Madrid	79.65	83	480	**67.850**	7
18	Villamanca Mark James	1991	STRENGTH CAPITAL Madrid	85.6	93	490	**66.780**	4
19	Perez Moya Alvaro	2007	SOY POWERLIFTER Madrid	86.6	93	490	**66.400**	5
20	Montiel Jimenez Pablo	2005	ALTERNATIVE RAW Huelva	73.1	74	447.5	**66.120**	6
21	Arteaga Daniel	2006	INTEND POWER Madrid	63.6	66	415	**65.980**	2
22	Delgado Urbano Luis Alejandro	2003	POWER VALHALLA Madrid	68.45	74	425	**64.990**	7
23	Sancho Solis Roberto	1990	VENDETTA POWERLIFTING Madrid	99.2	105	452.5	**57.380**	3
24	Colmenarejo Garcia Lorenzo	1970	VENDETTA POWERLIFTING Madrid	73.1	74	377.5	**55.770**	8

MEJORES LEVANTADORES PRESS BANCA RAW a pt. IPF GL

	Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.
1	Gutierrez Martin Pablo		LEONES HAKENOS Madrid	89.3	93	132.5	**64.140**	1